Edward Christian Church "Now that's What I'm Talking About" Communication -pt4b

You <u>constantly</u> and <u>continually</u> deliver <u>messages</u> that reveal the true <u>disposition</u> of your heart. It's not just *what* you say, but the *way* you say it, listen to others and look at others...

Characteristics of Negative Communication

1. Words That <u>Wound</u> - "A wise man's heart guides his mouth." - Prov 16:23

2. Wrongful <u>Ways</u>

• Disagreeable Ways

Here are **insensitive** ways, often used by those **unaware** of how they become **habits** that do **not** bring **glory to God**. *"For a man's ways are in full view of the Lord, and he examines all his paths."* **-Proverbs 5:21**

- Am I dominating?.... monopolizing or controlling conversation
- Am I interrupting?.... with a competing spirit
- Am I <u>nagging</u>?.... finding fault constantly Jude 1:16NLT- *These people are grumblers and complainers, living only to satisfy their desires. They brag loudly about themselves, and they flatter others to get what they want.*
- Am I complaining?.... making crisis or problem dominated conversation Numbers 21:4-6 ESV-From Mount Hor they set out by the way to the Red Sea, to go around the land of Edom. And the people became impatient on the way. And the people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we loathe this worthless food." Then the Lord sent fiery serpents among the people, and they bit the people, so that many people of Israel died.
- Am I <u>criticizing</u>?.... dwelling on the negative James 2:13 (AMP) For to him who has shown no mercy the judgment [will be] merciless, but mercy [full of glad confidence] exults victoriously over judgment.
- Am I <u>cutting</u>?.... making jabbing, sarcastic remarks
- Am I ridiculing?.... making another the object of laughter
- Am I arguing?.... disagreeing and disputing
- Am I moralizing?.... lecturing and giving unsolicited advice
- Am I generalizing?.... simplifying or making light of real concerns

"An offended brother is more unyielding than a fortified city, / disputes are like the barred gates of a citadel." -Pro 18:19

• Defensive Ways

Ten, usually **unintentional**, self-protective patterns are **evasive** tactics used to avoid looking at one's own **imperfections**. *"He who conceals his sins does not prosper, but whoever confesses/ renounces them finds mercy."* **-Pro 28:13**

- Am I countering ... the one who confronts with words of denial?
- Am I evading ... self-examination by focusing on the faults of the other?
- Am I blaming ...my responses on the actions of the other person?
- Am I <u>bringing up</u> ... the other's **mistakes** from the past?
- Am I rationalizing my behavior because of the circumstances?
- Am I arguing about a trivial point to evade the real issue?
- Am I <u>changing</u> the subject without **responding** to what was communicated?
- Am I refusing to talk or respond?
- Am I hiding in work activities to avoid intimacy?
- Am I choosing to <u>ignore</u> grievances and allowing my own feelings to fester?

"He who listens to a life-giving rebuke will be at home among the wise." -Proverbs 15:31

Deceptive Ways

Ten **intentional** versions of **untruthfulness** reveal **open rebellion**/ **denial** of God's **claim** on one's life. *"The wisdom of the prudent is to give thought to their ways, but the folly of fools is deception."* -Proverbs 14:8

- Am I lying?.... knowingly giving wrong information/impressions
- Am I blaming?.... shifting responsibility to another
- Am I flattering?.... complimenting with hidden motives

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- Am I gossiping?.... telling rumors about others
- Am I boasting?.... bragging and flattering myself
- Am I diverting?.... changing the subject
- Am I pouting?.... refusing to communicate verbally
- Am I patronizing?.... pretending to agree or give support
- Am I discriminating?.... choosing to hear only what I want to hear
- Am I misleading?.... communicating only partial truth

"Do not lie to each other, since you have taken off your old self with its practices/ have put on the new self... "-Col 3:9-10