

# Defeating



Luke 8:40–56

# What Do You Fear?

**During his 1933 Inaugural Address, President Franklin Roosevelt sought to calm a troubled America in the throes of depression by saying...**

***"There is Nothing to Fear but Fear Itself"***

- **Fear is a Feeling of Dread, Alarm, Panic and Anxiety**
- **Fear Ranges from Mild Anxiety to Panic Attacks**
- **The Psychiatric Association has categorized a variety of phobias, such as acrophobia, claustrophobia, agoraphobia**



# What Do You Fear?

## We Are Born With Only Two Fears

- the Fear of Falling and the fear of Loud Noises
- All other Fears are Learned Responses

## Fear Takes On Many Forms

- fear of success, failure, rejection, disease, future, life after death
- Jesus described last days-times of intense, worldwide fear -Luke 21:26

## Fear Produces Negative Effects

- Fear paralyzes decision making, immobilizes action,
- hinders prayer, limits faith, stifles joy, damages health
- restricts relationships, lowers productivity



## ***Because of Fear...***

- **Adam and Eve hid from God in the Garden -Gen 3:8-10**
- **Israel forfeited Canaan -Num 14:20-25**
- **Ephraim turned back in the day of battle -Psa 78:9**
- **Saul's army fled from Goliath -1 Sam 17:8-10**
- **Gideon lost 22,000 of 32,000 fighting men -Judges 7:3**
- **Elijah suffered depression -1 Kings 19:3-5**
- **Jonah ran from the call of God -Jonah 1:3**
- **The man with one talent buried it in the ground -Matt 25:24**
- **The disciples cried, "*Master, do You not care that we perish?*" -Mark 4:38**
- **Christ's disciples deserted Him at the cross -Matt 26:56**

# What Do You Fear?

- **In a World of Fear, God Speaks:**

*"Fear not; only believe!"*

**This was Christ's Message to Jairus...**

*"Fear not; only believe!"* -**Luke 8:50**

- It's been said that...

***"Fear Is The Distance Between A Man And God"***



# Jairus was a...

## Devout man (41)

- Upstanding in the Community
- Ruler of the Synagogue
- Perhaps he had heard Jesus speak

## Desperate man (41-42)

- When People Get Desperate, They Get Serious About God
- He was willing to Transcend Prejudice and go to Jesus

## Disillusioned man (49)

- He receives the worst news: *"Your daughter is dead"*
- He is Down, his Faith Disappointed, his Hope Gone



- Jesus spoke Four Profound, Life-Changing Words:  
*"Fear not; only believe!"*

## Three Principles Learned From This Account



# #1- Accept the Validity of God's Promises (50)

**Looking at Circumstances Can Cause Fear**

- **We Focus More On the Circumstances...  
...than God's Promises**
- **When we Keep Our Minds Focused...  
...on God and His Promises**

**...We Have Faith, and that Faith Gives Us Perfect Peace**

**Isaiah 26:3 (NLT)**

*<sup>3</sup> You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!*





## **The Promises of God are Described in Scripture as..**

- **Unfailing** -1 Kings 8:56
- **Assured** -Romans 4:21
- **Grounded in Christ** -2 Corinthians 1:20
- **Great and Precious** -2 Peter 1:4
- **Everlasting** -1 John 2:25

**D.L. Moody said that he used to pray for faith. Then he read Rom 10:17:**

*"Faith comes by hearing, and hearing by the word of God"*

**Meditating on Scripture will Fill Our Hearts with the Promises of God...**

**...which become the Source and Power of Faith**

## #2- Commit the Outcome to God

### **Fear Anticipates the Worst Possible Outcome**

- **Fear Haunts us with the Question *"What if?"***

- What if you fail? What if your health fails? What if you lose your job?
- What if the economy goes sour?

**Fear = *"False Expectations Appearing Real"***

### **Faith Knows Our Lives Are In the Hands of God...**

**...Answer the question *"What if?"* with *"I know!"***

- **Paul said, *"I know whom I have believed and am persuaded that He is able..."* -2 Tim 1:12**

- **Remember the Promise of God in Deut 33:27:**

*"The eternal God is your refuge, underneath are the everlasting arms"*

## #2- Commit the Outcome to God

- **Examples of Those Who Trusted the Outcome of Their Crisis to God:**

- Job in his Suffering -Job 13:15
- Shadrach, Meshach and Abednego Facing Death -Daniel 3:16-18
- Paul in Prison -2 Timothy 4:6-8, 18

- **The Prayer of Jewish Children at Night:**

*"Father, into Your hands I commit my spirit"*

- **This was How Christ Faced the Cross. -Luke 23:46**

- **What or Whom Do You Need to Commit Into the Hands of God?**

Pray, *"Father, into Your hands I commit \_\_\_\_\_."*

**#3- DON'T DOUBT IN THE DARK...**

## **...What God Has Shown You in the Light**

**Jairus had to Deal with the Divine Delay (43)**

- **Psalm 130:5, 6**
- **Habakkuk 2:3**

**We have to Learn to Wait on the Fulfillment of God's Word.**

- **Fear Sets in During the Delay Period Between...  
...the Promise Given and the Promise Fulfilled.**

**Jesus told Jairus that He Would Heal His Daughter...**

**...and Nothing was Going to Change that Fact**

### #3- DON'T DOUBT IN THE DARK...

## ...What God Has Shown You in the

## Light

**Biblical Ex = those Who Waited on God in Faith During Periods of Delay:**

- **Abraham** waited 10 years for Isaac to be born,  
then was tested by God at Mount Moriah.
- **Joseph** waited 12 years in prison before his dream was fulfilled.
- **Joshua** and **Caleb** waited 40 years in the desert
- **David** waited for 10 years before he was crowned king.

**As a fugitive on the run, he wrote:** *"The Lord is my light and my salvation—whom shall I fear?"* -**Psalm 27:1**

- The **disciples** waited 10 days for the Spirit and the Power of Pentecost
- "Fear knocked at the door. Faith answered, and there was no one there."**

