

Ever Feel Stuck?

- Depressed Saddened Hopeless...
 ...No Way Out!
- The Pilgrims Could Have Feft That Way 104 Passengers...
 - Ship as Big as Volleyball Court
 - 2 Died on the Trip
 - 45 Died the 1st Winter
 - A Grave was Opened Every 3 Days for 4 mths
 - Graves were Hid in Sand from Indians
 - No Formal Funerals
- Yet They Rejoiced in the Lord !!!

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...No Way Out!

The Pilgrims Could Have Feft That Way

Yet Rejoiced in the Lord !!!

Good News!!!!

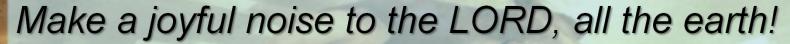
- We Also Can Find Relief and Release
- This Psalm Guides Us Thru this Process

Thanksgiving Commands

1 Shout joyfully to the LORD, all the earth. 2 Serve the LORD with gladness; Come before Him with joyful singing. 3 Know that the LORD Himself is God; It is He who has made us, and not we ourselves; We are His people and the sheep of His pasture. 4 Enter His gates with thanksgiving, And His courts with praise. Give thanks to Him; bless His name. 5 For the LORD is good; His loving kindness is everlasting, And His faithfulness to all generations. -Psa 100:1-5 (NASB)

Condensed into 5 Commands





Josh 6:10 NLT

"Do not shout; do not even talk," Joshua commanded.
"Not a single word from any of you until I tell you to shout. Then shout!"

- o Respond to Very Presence/ Power of God.
- o The Voice of Defeat in Your Head is Loud!
- o Solution...Get Louder!!!!



Sing

Come into his presence with singing!

Sing- to creak i.e. to shout (usually for joy) sing (aloud, for joy, out), triumph.

Singing...

- Builds Faith
- Lifts Mood
- Attracts God

Acts 16:25, "But at midnight Paul and Silas were praying and singing hymns to God, and the prisoners were listening to them"

Submit

Know that the LORD, he is God! It is he who made us, and we are his; we are his people, and the sheep of his pasture.

Know =to know, be sure, understand

- kinsman
- have respect
- skillfully teach
- Submit(applicable)= trust enough to give control

James 4:7 NKJV

BESEECH YOU THEREFORE, BRETHREN, Sacrifice BY THE MERCILES OF GOD,

THAT YE PRESENT YOUR BODILES A LIVING SACRIFICE,

Enter his gates with thanksgiving, and his courts with praise! Give thanks to him; bless his name!

- o Praise =Halal clear loud boast; celebrate
- Thanksgiving = extension of the hand,
 - adoration; a choir of worshippers
 - confession,
 - (sacrifice of) praise



- ¹ Shout with joy to the LORD, all the earth! ² Worship the LORD with gladness. Come before him, singing with joy. ³ Acknowledge that the LORD is God! He made us, and we are his. We are his people, the sheep of his pasture. 4 Enter his gates with thanksgiving; go into his courts with praise. Give thanks to him and praise his name.
- ⁵ For the LORD is good. His unfailing love continues forever, and his faithfulness continues to each generation.