

Overcoming...

...Deflated

...Attitude

-pt 1

II Chron 20



God Promises

**God Never Promises a Stress Free...
...Problem Free Life**

- **John 16:33**

**We would have Tribulation...But be of Good
Cheer (*Courage*) for His has Overcome the World**

“Walk in His Victory”

- **Romans 8**

Walk in His Love and Presence

“Walk in More than Victory”

Deflated Spirit

**Jehoshaphat was Facing a...
...Real Threat**

Moab Once Defeated by Him Now

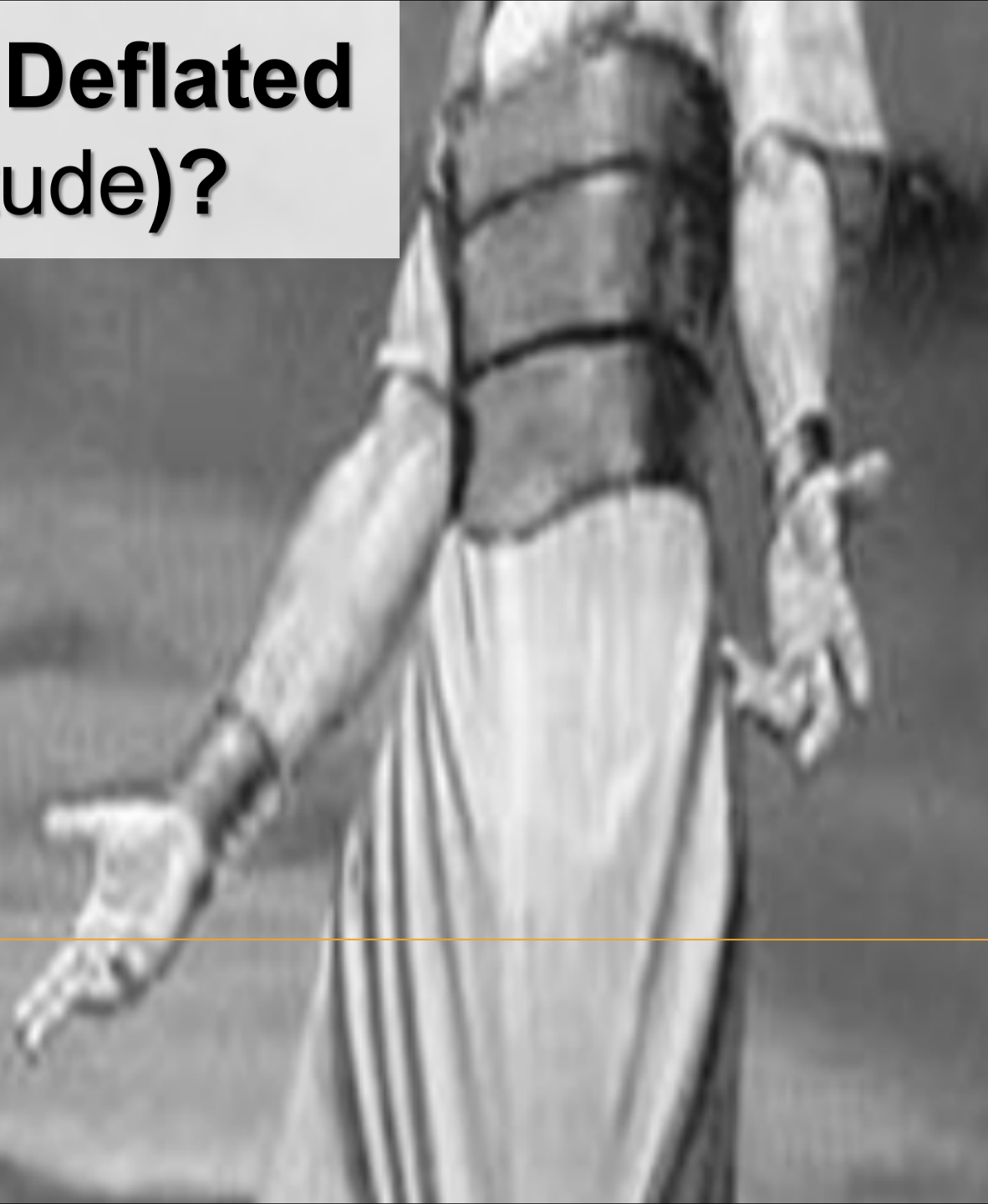
- **Triples Strength**
- **Comes Back**

Unexpected Threat Produced

- **Real Fear**
- **Fear Deflated His Spirit**



What is a Deflated Spirit(Attitude)?



What is a Deflated Spirit(Attitude)?

Fear Rises Up in Your Life...

...Usually from Unexpected Circumstances

...It Takes the Wind Out of Your Sail

- It Exaggerates Your Problem
- It Minimizes Your Power (*Confuses Your Faith*)
- It Deflates Your Faith, Hope, Expectation
- If Left Unattended it Drives Depression

It Forces You to a Decision Point

- Stay in the Confusion Looking for an Answer
- Or Take It To the One **Who is The Answer !**

Deflated

Attitude

Lies

“The tongue has power of life / death” Prov 18:21

What Does a Deflated Attitude say about Yourself?

- *"I can't do anything right!"*
- *"Why should I even try?"*
- *"My usefulness is over!"*
- *"I hate myself!"*
- *"Look at so-and-so" (in comparison).*
- *"I must have done something wrong!"*
- *"Nobody loves me!"*

This is Far from God's Truth

What Does a Deflated Attitude Say... ...About Your Situation?

- *"I don't see any way out!"*
- *"It didn't matter anyway!"*
- *"This is intolerable!"*
- *"It's not fair!"*
- *"I'm helpless to change it!"*
- *"I can't do anything about it!"*
- *"I can't bear it!"*

This is Far from God's Truth

What Does Your Deflated Attitude say... ...About Your Future?

- *"So what!"*
- *"Nothing will ever change."*
- *"No one will ever love me!"*
- *"I'll be too old."*
- *"That was my last chance for happiness!"*
- *"I have nothing to live for."*
- *"It's hopeless!"*

This is Far from God's Truth

Inflating a Deflated Spirit?



Inflating a Deflated Spirit?

How Do We...

- **Get Beyond a Deflated Attitude?**
- **Get Our Wind Back?**
- **Find the Strength...**
...to Get Back into the Battle?

It Starts With...



3 Ways to Handle a Deflated Spirit

3 Waves

3 Ways to Handle Deflated Spirit

#1- Deny...

...Act Like Not Exist

#2- Fry...

...Overcome by Fear

...Take Matters Own Hands

#3- Rely... *"Set Self Seek Lord"*

...Respond Properly

...Go to God!

Deflated Spirit

“The tongue has power of life / death” Prov 18:21

What is the Light of Truth Say about Yourself?

“Though the mountains be shaken / the hills be removed, yet my unfailing love for you will not be shaken nor my covenant of peace be removed, ' says the LORD, who has compassion on you” -**Isa 54:10**

What is the Light of Truth About Your Situation?

“I can do all things through Christ who strengthens me”
-**Phil 4:13 NKJV**

What Does the Light of Truth Say ...Your Future?

God says... “‘I know the plans I have for you,’ declares the LORD, ‘plans to prosper you and not to harm you, plans to give you hope and a future’” -**Jeremiah 29:11**