

March 20, 2020

Positive Spiritual Attitude Pt1

GODSTRON

"Be strong in the Lord
and the power of his might"
Ephesians 6

STRONG

BE STRONG AND
COURAGEOUS ...
FOR THE LORD



STRONG AND
COURAGEOUS ...
FOR THE LORD
GOD



WITH YOU
WHEREVER
YOU GO. Joshua 1:9

Joshua 1



Edward Church

ChristianQuotes.info

By Word Of the Day

“Overwhelmed”

languish :- cover (over), fail, faint, feeble,
hide self, be overwhelmed, swoon

Luke 21:26 (AMP)

²⁶ Men swooning away *or* expiring with fear *and* dread *and* apprehension and expectation of the things that are coming on the world; for the [very] powers of the heavens will be shaken *and* caused to totter.

Luke 21:26 (MSG)

²⁶ in an uproar and everyone all over the world in a panic, the wind knocked out of them by the threat of doom, the powers-that-be quaking.

“Overwhelmed”

languish :- cover (over), fail, faint, feeble,
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Overwhelmed

FROM THE END
OF THE EARTH
WILL I CRY UNTO THEE,
WHEN MY HEART
IS OVERWHELMED:
LEAD ME TO THE ROCK
THAT IS HIGHER
THAN I.

PSALM 61:2

Overwhelmed

FROM THE END

Psalm 61:2 (KJV)

From the end of the earth will I cry unto thee, when my heart is overwhelmed: lead me to the rock *that* is higher than I.

- **Heart** – *mind, will, emotions*
- **Overwhelmed** – *faint, fail, swoon, cover*
- **Lead** – *to transport, bring, lead*
- **Rock** – *Solid, Refuge*
- **Higher** - *to rise above*

PSALM 61:2

Joshua

"Sometimes when we get
overwhelmed, we forget
how big God is."

• [thingswesay](#)

Joshua

If Ever a Person Was Overwhelmed...

He was Called to...

- **Take Mose's Place**

...Big Shoes to Fill

- **Take the Land**

...Big Job to Complete

- **Both Seemed Impossible**

...Too Big Without God

Being Overwhelmed Happens in Many Ways

“It is during our darkest moments that we must focus to see the light.”

- Aristotle Onassis

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Being Overwhelmed Happens in Many Ways

When You Focus on the Past

- Sometimes a reminder of a Difficult Past Overwhelms Our Emotions.
- You can't change your past, but you can Change how you Respond to it!
 - **Josh 1:2-** Moses my servant is **dead**; now therefore **arise**,....

When You Don't Feel Prepared

- **Josh 1:2-** ...**arise, go over this Jordan, thou, and all this people...**

When You Feel Out of Control

- Your Future is Unknown, and Change is Scary, you Feel Out Of Control.
 - **Josh 1:2-** ...**thou, and all this people, unto the land...**

When You Have No Explanation

- Sometimes there is No Warning or Explanation Leads to Overwhelmed
- Overwhelmed speaks false beliefs to us that leave us paralyzed.

Dangers of Being Overwhelmed

Danger of Looking Back (1:2)

“Moses My servant is dead. Now therefore, arise, go over this Jordan, you and all this people, to the land....”

- **Moses is Mentioned (6x) in vs 1-9 (57x) Rest of Book**
- **It is very easy to look at what God has done in the Past/ Think...
...I Cannot Move Forward**

Danger of Standing Still (1:3)

“Every place that the sole of your foot will tread I have given..”

- **Fulfilling the Promises of God Requires...
...that we Walk by Faith.**

Dangers of Being Overwhelmed

**Getting knocked
down in life is a given.
Getting up and moving
forward is a choice.**

Zig Ziglar



Dangers of Being Overwhelmed

The Danger of Giving Up (1:5)

“No man shall be able to stand before you all days of your life; as I was with Moses..will be with you. I will not leave you nor forsake ...”

- **Seems They May Have Given Up, But God Reassured Them.**

The Danger of Falling Short (1:6)

“Be strong /good courage, for to this people you shall divide as an inheritance the land which I swore to their fathers to give them”

- **The Inheritance is the Land that God Promised.**

Overcoming Being Overwhelmed

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LEAD ME TO THE ROCK
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PSALM 61:2

Learn the Word

Lean on the Word

Overcoming Being Overwhelmed

Joshua 1:8 (KJV)

This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.

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The Power of ...

Meditation = *to mutter under breath- talk to self*

○ **Healthy Self-Talk** (*builds faith*)

Reverse Meditation = Worry

○ **Unhealthy Self-Talk** (*deteriorates faith*)

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Zig Ziglar

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• thethingswesay



*Feeling
Overwhelmed*

Guided Meditation | Loving Christ