

Edward Church

June 26, 2022



Isaiah 40:27-31

-pt1

dealing with
BURNOUT

Isaiah 40:27-31(KJV)

²⁷ Why sayest thou, O Jacob, and speakest, O Israel, My way is hid from the LORD, and my judgment is passed over from my God? ²⁸ Hast thou not known? hast thou not heard, that the everlasting God, the LORD, the Creator of the ends of the earth, fainteth not, neither is weary? there is no searching of his understanding. ²⁹ He giveth power to the faint; and to them that have no might he increaseth strength. ³⁰ Even the youths shall faint and be weary, and the young men shall utterly fall:

³¹ But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

Isaiah 40:27-31 The Message (MSG)

²⁷⁻³¹ Why would you ever complain, O Jacob, or, whine, Israel, saying, “**GOD has lost track of me. He doesn’t care what happens to me**”?

Don’t you know anything? Haven’t you been listening? **GOD doesn’t come and go. God *lasts*.** He’s Creator of all you can see or imagine. **He doesn’t get tired out, doesn’t pause to catch his breath.** And he knows *everything*, inside and out. He energizes those who get tired, gives fresh strength to dropouts. For even young people tire and drop out, young folk in their prime stumble and fall.

But those who wait upon GOD get fresh strength. They spread their wings and soar like eagles, They run and don’t get tired they walk and don’t lag behind.

Problem of this Age

Many are...

...Burned Out *“nothing left to give”*

...Burned Up *“consumed”*

...Burned Through *“Hurting”*

Problem of this Age

Many are...

...Burned

...Burn

...B



give”

rting”

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Bottom Line...

...Strength Zapped!

Leads to...

Frustration -*cant do anything about it*

Disappointment -*seems no change*

Depression -*feel helpless*

Doubt -Hopeless- *it will never change*

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Bottom Line...

...Leads to Faith Breakdown (27)

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React- “Say – Complain”

- **The Pressure has Built Up...
...Have to Release!**

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- He Can't Even See This- *Its Beyond Him*
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Resolve- *“my Cause Disregarded fr my God”*

- If He Does See It...He Doesn't Care
- He Has Just Thrown It/ Me to Side

Responses

- **Run**

- *can't get Enough Distance between...
...You and Problem*

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...Gives the Problem More Power*

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 - *can't get Enough Distance between...
...You and Problem*
- **Deny**
 - *Avoiding the Problem only...
...Gives the Problem More Power*
- **Give Up**
 - *All your Fight is Gone
...Loose Appetite for Victory*

Recognize

Flame is Quickly Becoming an Ember

Remember

God is in Control

Relief

He Wants Us to Give It Over

Matthew 11:28 (MSG)

Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest.

YOUR FAITH

A person is walking away from the camera on a beach. The person is silhouetted against a bright sunset or sunrise. The ocean waves are visible in the foreground, and the sky is a mix of blue and orange. The overall mood is contemplative and serene.

IS NOT TO HELP YOU AVOID PROBLEMS
BUT TO GO THROUGH
PROBLEMS WITH STABILITY.

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1. Recognize stressful situations:

We need to recognize stressful situations as they arise, we must be aware of what creates stress in our lives, when we have an accurate picture of life - it becomes much easier to deal with, when we face difficult situations and society tries to steal our faith, we need to keep our focus on God

2. Remember who is in control:

In stressful situations we must remember who is in control, we can not try to seize control for ourselves, we need to let go and let God have control, we need to place our trust in Him

3. Rely on God for relief:

The world can only separate you from God if you allow it, God gives the strength and support we need in every situation of life, God will not guide where He will not provide, when we allow God to work through our stress He will bring relief to our lives, rest to our souls and glory to His name