

ATTITUDE
IS EVERYTHING.
LIFE **IS 10%**
OF WHAT YOU MAKE IT
& 90% OF
HOW
YOU TAKE IT.





Handling Your Hurts pt1

Job 13:15

I JUST WANTED
to stop the

PAIN



What Do You Do When...

- Life Hurts
- You Played By the Rules
- Done What Is Expected
- Lived in a Responsible Life

...Then the Bottom Falls Out



We Get Hurt in Many Ways...

“Though He
SLAY ME”

*The Christian life is not a series of happy stories.
Sometimes things get downright ugly.*

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- Illness
- Injustice
- Criticism
- Adversity
- Loss
- Stress
- Suffering

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“Though He
SLAY ME

We Feel Confused / Disappointed
Job Felt This Way...

...Yet He Kept His Faith Came
...Through Suffering With Victory

Though He slay me, I will trust him –Job 13:15

There was a man in the land of Uz whose name was Job, and that man was *blameless and upright, one who feared God and turned away from evil.* Job 1.1

And the LORD said to Satan, “Have you considered my servant Job, that there is none like him on the earth, a *blameless and upright man, who fears God and turns away from evil?*” Job 1.8

And the LORD said to Satan, “Have you considered my servant Job, that there is none like him on the earth, a *blameless and upright man, who fears God and turns away from evil? He still holds fast his integrity*” Job 2.3

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How Did Job Handle His Hurts?

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What Can We Learn From Him?

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Reconnect to God (1:20-21) have a big

PROBLEM

tell your problem you have a big

GOD.

Reconnect to God (1:20-21)

First Thing He Did Was Worship

²⁰Job got to his feet, ripped his robe, shaved his head, then fell to the ground and worshiped: ²¹Naked I came from my mother's womb, naked I'll return to the womb of the earth. GOD gives, GOD takes. God's name be ever blessed

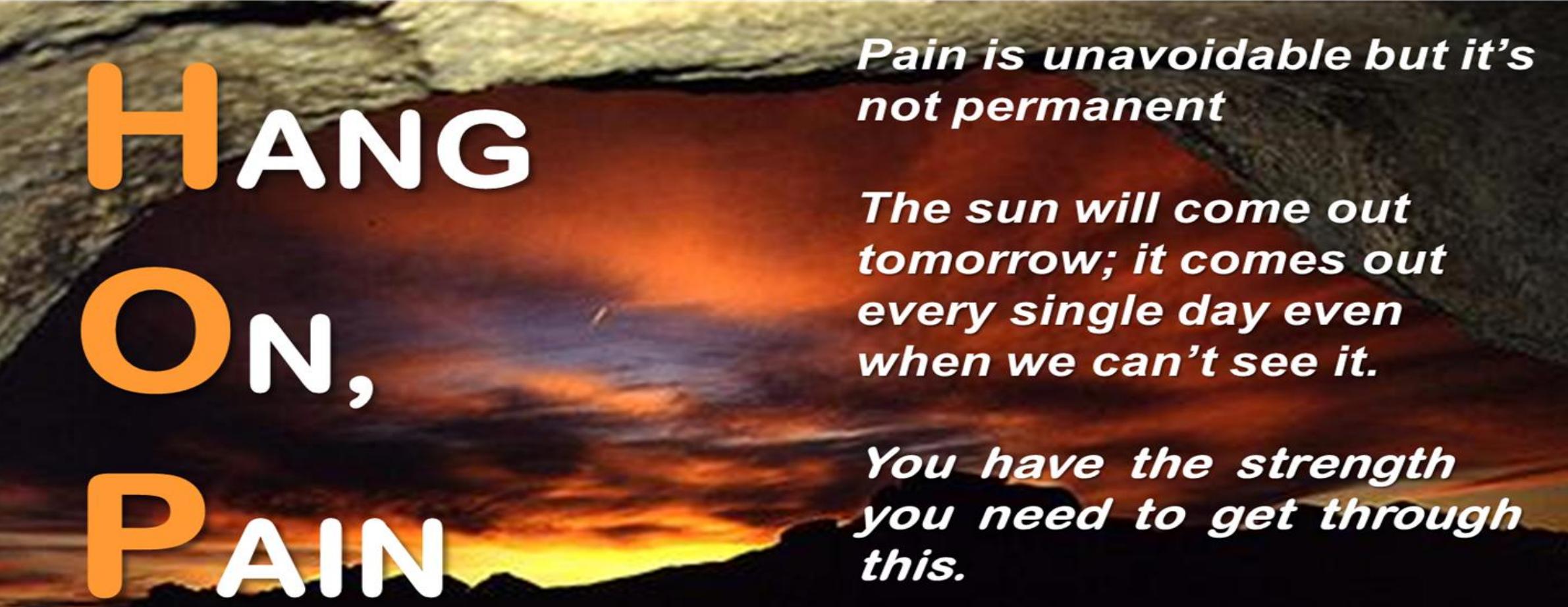


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- **He Got Up** –*He refused to Wallow in His Pain*
- **Ripped Robe/ Shaved Head** –*Got Beyond Self*
- **Fell to Ground and Worshipped** – *Got in Position to Receive*



**HANG
ON,
PAIN
ENDS**

Pain is unavoidable but it's not permanent

The sun will come out tomorrow; it comes out every single day even when we can't see it.

You have the strength you need to get through this.

The light at the end of the tunnel is your life; it's the tunnel that's temporary.

-- *Michael Josephson*