

Edward Church

Phil. 2:5

July 30, 2023

BUILDING A NEW YOU SERIES

Pt 3

Ever Fall Into a Spiritual Rut?

- **Miserable** = *Uncomfortable*
- **Obstructed** = *Hindered*
- **Hopeless** = *No Way Out*



What's Left?

- **Lame**
- **Blame**

Nothing to But the Same !

Building a New You

Realize...

We Have a Part to Play...

Attention

...What We See

Attitude

...How We Think About It

Actions

...How We Respond

Be a Better Person

BUILDING a better YOU

“Let this mind be in you, which was also in Christ Jesus” -Phil. 2:5

- **Mind**= Attitude
- **Be**= Constant
- **You**= Personal

Jesus Attitude Toward Others Was He Was A Servant...

...His Attitude Toward Self Was

...He Had No Problem With That



**Quit Looking Out to Find Someone/ Something
...to Blame
But
Look In and
...Take Responsibility**

From the Lost Book of the Bible – “Yeah But”

The Prophet “Yeah But” says:

- Anything Before BUT...
Doesn't Really Matter

Here is a New Challenge...

Take the Sentence....

“I Meant to BUT...”

...Out of Your Vocabulary

WHAT ARE ANTS?

Automatic Negative Thoughts

**“He’s always putting
me down.”**



“I’m so stupid.”



“No one understands me.”



**“Why try? I’m awful
at this.”**

“I shouldn’t cry.”

**“I won’t get this
done on time.
I just won’t try.”**



**“I feel like staying in bed,
but I should go to the gym.”**



“I’m so annoying.”



**“She didn’t say hello,
she must hate me.”**

**“You never listen
to me.”**



**“Nobody could
love me.”**



“I’m a failure.”



**“I shouldn’t get upset
over this.”**

“You never listen to me.”

WHAT ARE ANTS?

• Think Better Thoughts

8-9 Summing it all up, friends, I'd say you'll do best by filling your minds and meditating on things true, noble, reputable, authentic, compelling, gracious—the best, not the worst; the beautiful, not the ugly; things to praise, not things to curse. Put into practice what you learned from me, what you heard and saw and realized. Do that, and God, who makes everything work together, will work you into his most excellent harmonies. **Philippians 4:8-9 (MSG)**

• Hear Better Sounds

Romans 10:17-21 (NLT)

17 So faith comes from hearing, that is, hearing the Good News about Christ

“I shouldn't cry.”

“She didn't say hello,
she must hate me.”

“You never listen to me.”

“I shouldn't get upset
over this.”

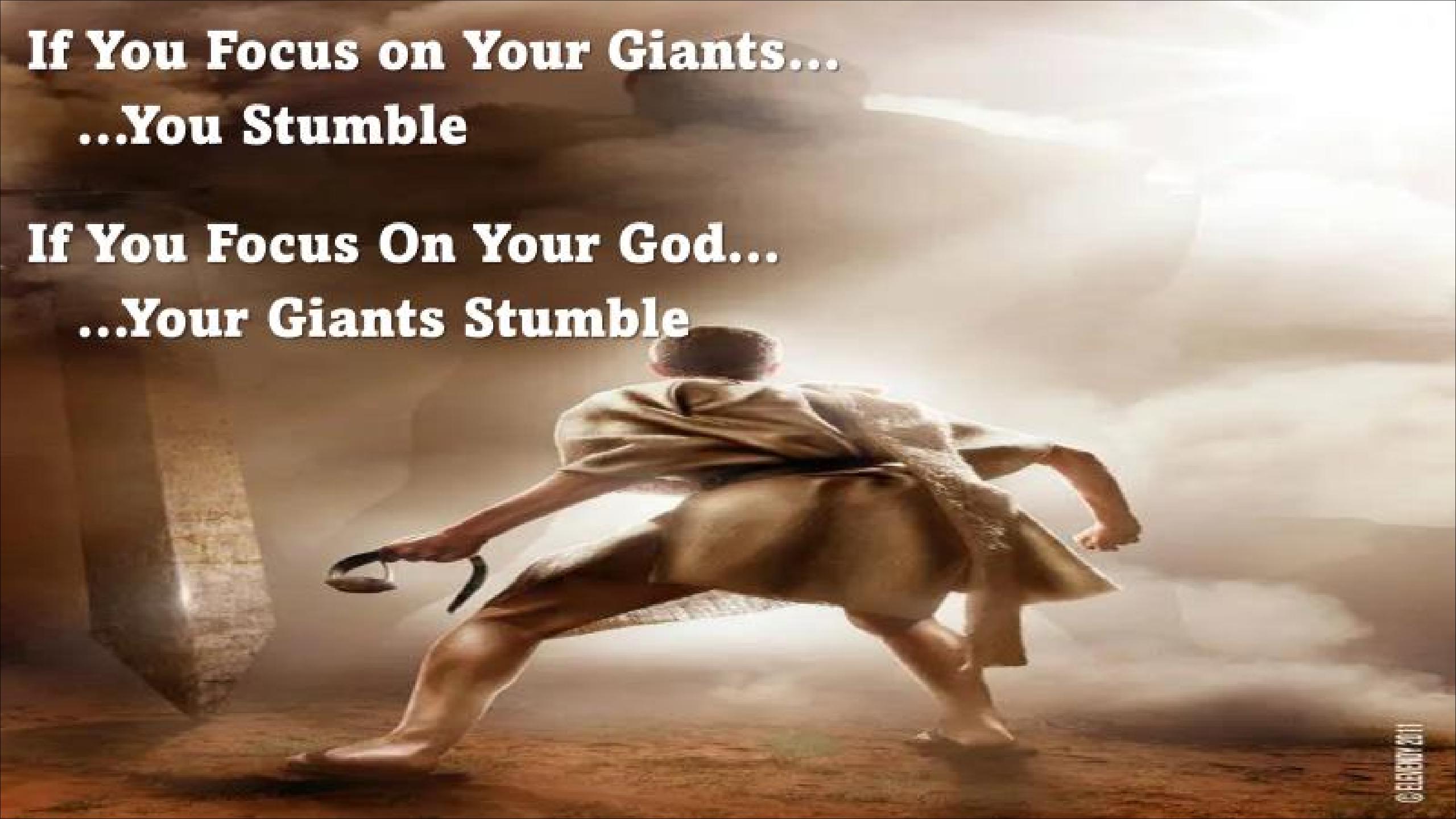
“I'm so annoying.”

“I'm a failure.”

“No one understands me.”

**If You Focus on Your Giants...
...You Stumble**

**If You Focus On Your God...
...Your Giants Stumble**



If You Focus on Your Giants... ...You Stumble

See Better Sights

“Looking unto Jesus the author and finisher of our faith” -Heb. 12:2

...Your Giants Stumble

- Many Look for the Bad In People and Circumstances...
...Seeing Only The Faults and Negatives
- In Order to Be a Better Person...
...Its Requires a Better...Positive...Perspective
- Train Yourself to Look for the Good...
...and Look to Jesus in All Situations

Becoming a Better You

Perform Better Deeds

“And whatsoever ye do, do it heartily, as to the Lord, and not unto men” - Col. 3:23

YOU
CAN
MAKE A
DIFFERENCE

I WILL

Becoming a Better You

Perform Better Deeds

“And whatsoever ye do, do it heartily, as to the Lord, and not unto men” - Col. 3:23

...And whatsoever ye do = Life

...do it heartily = Life w-in

...as to the Lord = Life Giver

...and not unto men = Life Takers

Col. 3:23

Becoming a Better You

Perform Better Deeds

“And whatsoever ye do, do it heartily, as to the Lord, and not unto men” - Col. 3:23

Matt 25:40 (GW) - *“The king will answer them, ‘I can guarantee this truth: Whatever you did for one of my brothers or sisters, no matter how unimportant they seemed, you did for me.’*

Becoming a Better You

Perform Better Deeds

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- The Deeds of Many are Negative...
(Selfishly Motivated, Dishonest, and Displeasing to God)
- So Many Need to Be Lifted Up...
...But How Can We Lift Anybody
...From a Down Position



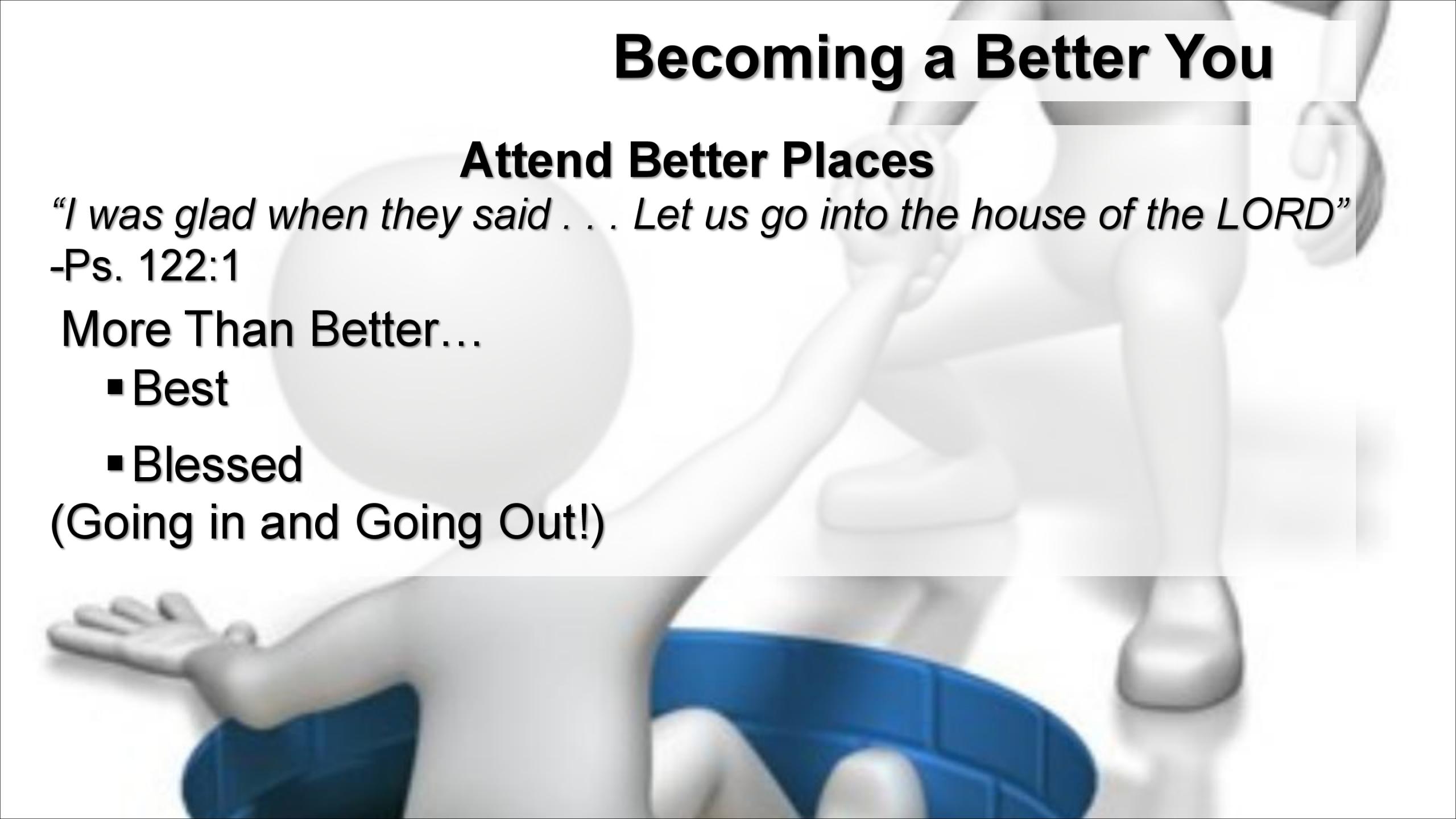
Becoming a Better You



Attend Better Places

“I was glad when they said . . . Let us go into the house of the LORD”
-Ps. 122:1

Becoming a Better You



Attend Better Places

“I was glad when they said . . . Let us go into the house of the LORD”
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More Than Better...

- Best
- Blessed

(Going in and Going Out!)

SAFE
PLACE

- Surrender
 - God has a Plan

“Forsake not assembling...” -Heb 10:25

- Surrender
 - God has a Plan

“Forsake not assembling...” -Heb 10:25

- Safety

- His Plan is a Good Plan

“where no counsel is, the people fall, but in multitude, of counsellors there is safety” -Proverbs 11:14

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- Surrender
 - God has a Plan

“Forsake not assembling...” -Heb 10:25

- Safety

- His Plan is a Good Plan

“where no counsel is, the people fall, but in multitude, of counsellors there is safety” -Proverbs 11:14

- Strength

- His Plan is a Powerful Plan

one chase a thousand, and two put ten thousand to flight- Deut 32:30

Becoming a Better You

place.

Becoming a Better You

Attend Best Places

“I was glad when they said . . . Let us go into the house of the LORD”

-Ps. 122:1

- Christians Hurt Their Souls When They...
...Go To Wrong Places In Search of God Things

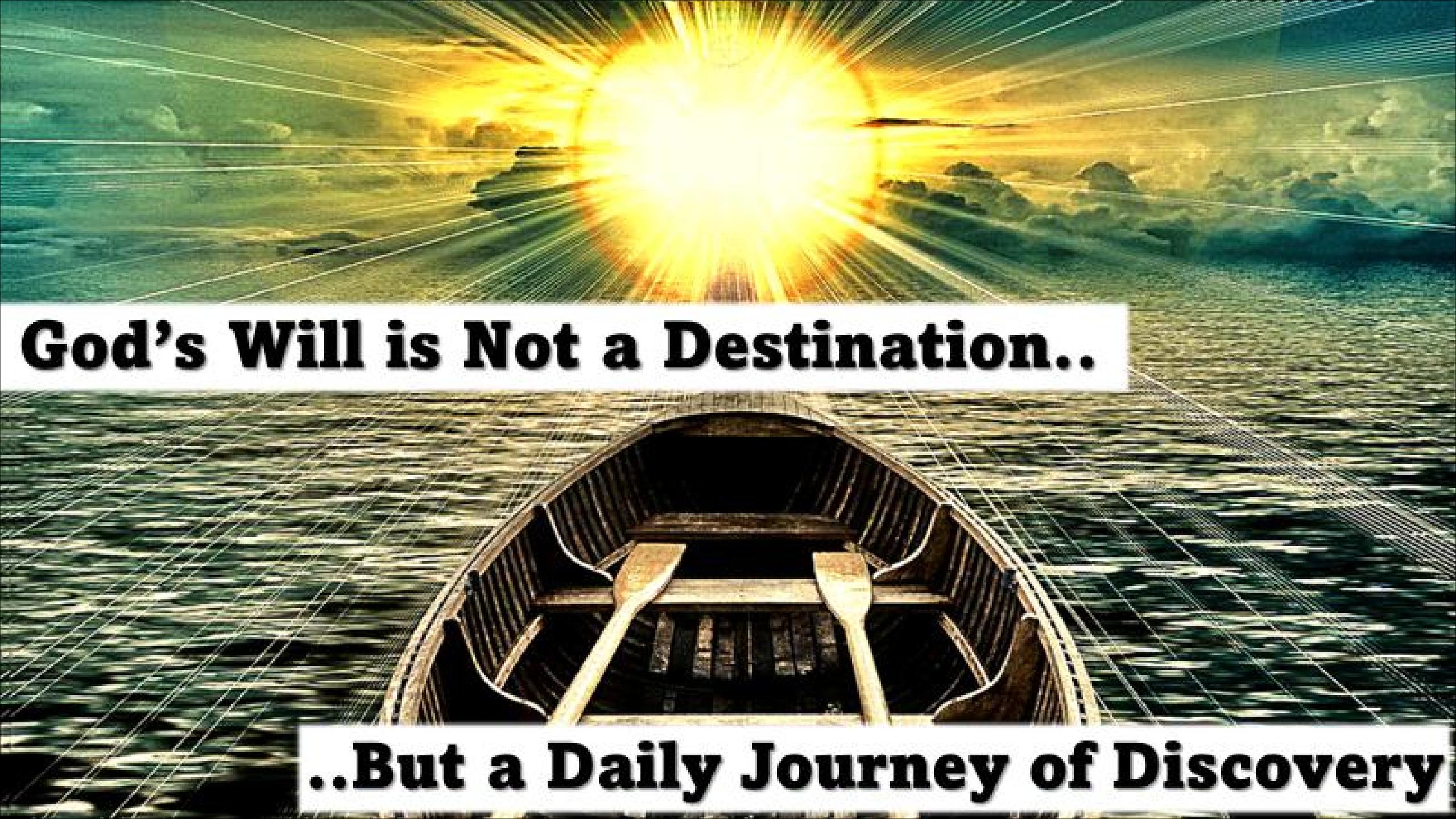
Becoming a Better You

Attend Best Places

“I was glad when they said . . . Let us go into the house of the LORD”

-Ps. 122:1

- Christians Hurt Their Souls When They...
...Go To Wrong Places In Search of God Things
 - Peace
 - Power
 - Plan
- Be a Part of What God’s Doing
 - Make a Positive Difference
 - Discover His Will
 - All Found in His House



God's Will is Not a Destination..

..But a Daily Journey of Discovery

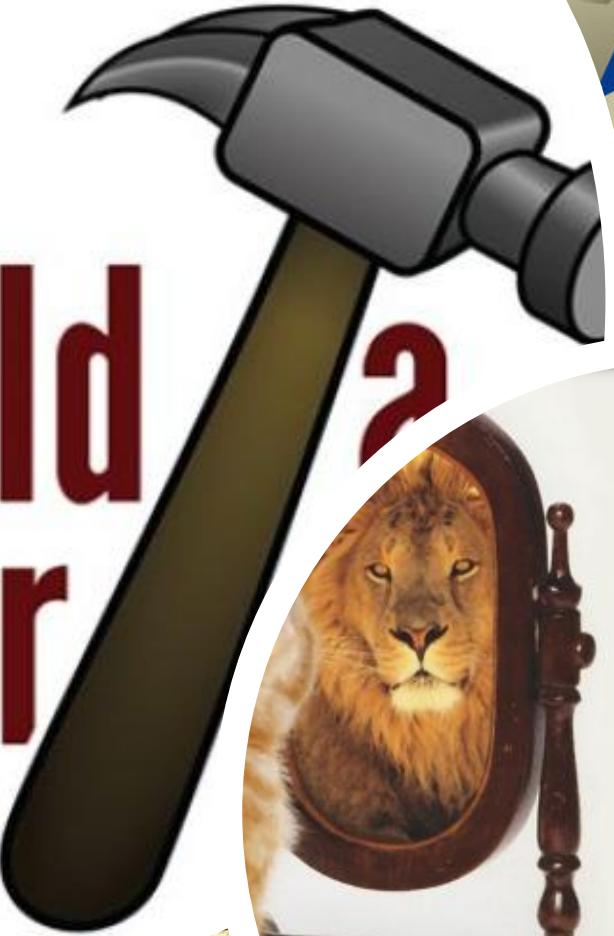


How to Discover Gods Will

- **W -Walk with God**
 - Born from Above
- **I -Investigate His Word**
 - What is It Saying to Me?
- **L -Let Go of the Reigns**
 - Realize Its Not About Me
- **L -Let God Lead**
 - Rest in His Word Lived Out!

..But a Daily Journey of Discovery

build
better



**"AS A MAN THINKS,
SO IS HE"** PROVERBS 23:7

HOW DO YOU THINK
ABOUT YOURSELF

BUILDING
BETTER
YOU

BUILDING
a better
YOU

NOT

THEIR FAULT

HIS FAULT

HER FAULT

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This Weeks Challenge

Get Back Into the Word of God

Let it ...

- Challenge You
- Enlighten You
- Charge You
- ReCharge You
- Live It Out...

...Beyond These Walls

Watch God Show Up/ Show Off