

FEELING
GRATITUDE
AND NOT
EXPRESSING IT
IS LIKE
**WRAPPING A
PRESENT**
AND NOT
GIVING IT.

1 Thes 5:18

—WILLIAM ARTHUR WARD—

FEELING

This Thanksgiving and Christmas:
Don't Miss What You've Got...
By Missing What You're Missing!

PRES

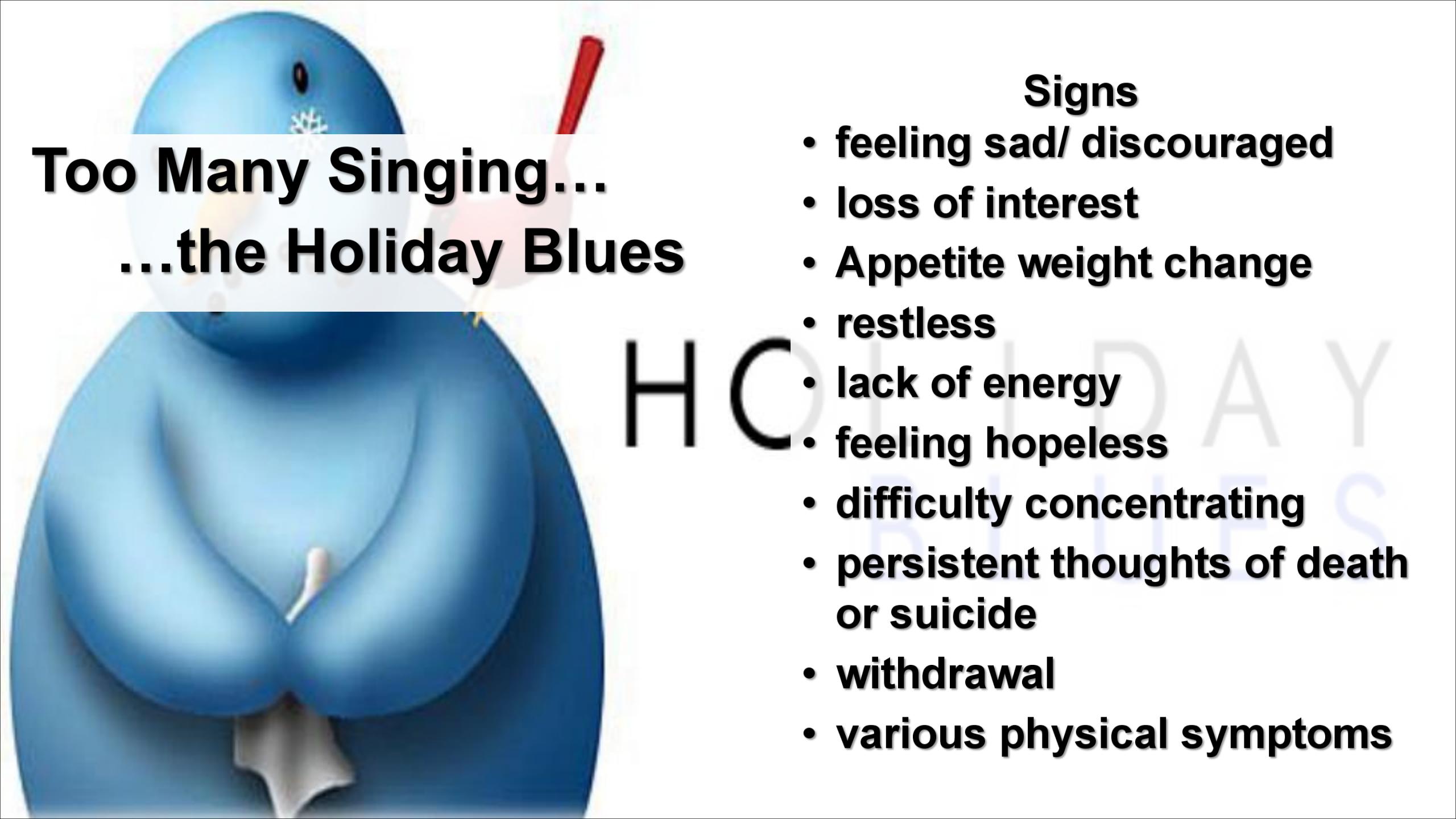
ENT
AND NOT
GIVING IT.

1 Thes 5:18

—WILLIAM ARTHUR WARD—



HOLIDAY
BLUES



Too Many Singing... ...the Holiday Blues

Signs

- **feeling sad/ discouraged**
- **loss of interest**
- **Appetite weight change**
- **restless**
- **lack of energy**
- **feeling hopeless**
- **difficulty concentrating**
- **persistent thoughts of death or suicide**
- **withdrawal**
- **various physical symptoms**





In Order to

- **Change Your Attitude**
- **Become Grateful Again**
- **Enjoy the Season of Thankfulness**

You Have to Make a Conscience Effort to Change Your...

GOT FAITH?





FAITH

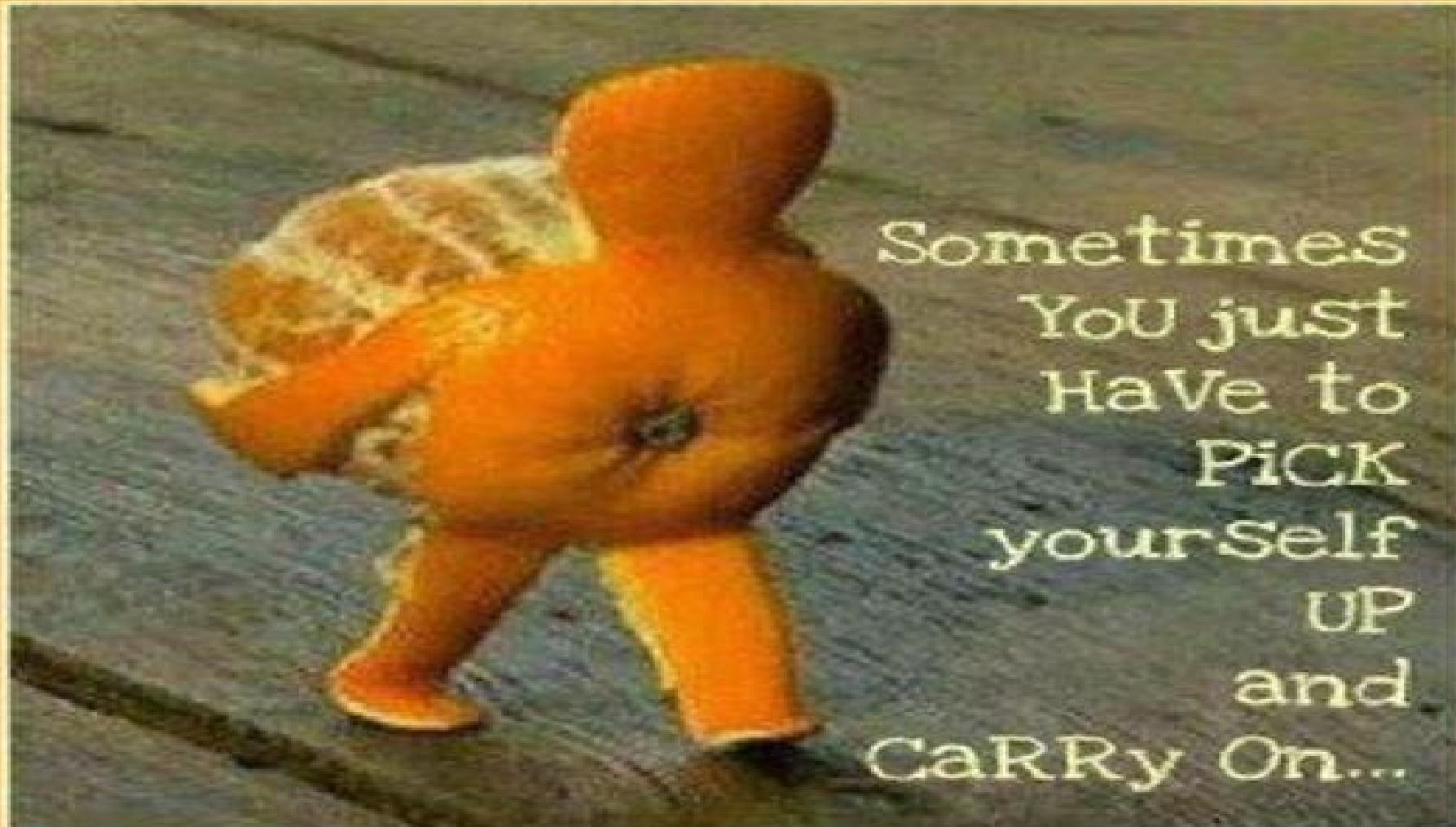
Keep Faith that God Really Is In Control...

...You CAN Trust Him To Take Care of the Situation,

...In HIS Time, in HIS Way – Which Is the BEST Way.

“Jesus responded, ‘Why are you afraid? You have so little faith!’ Then he got up and rebuked the wind and waves, and suddenly there was a great calm.” **-Matthew 8:26 (NLT)**





Sometimes
You just
Have to
PICK
yourself
UP
and
CaRRy On...

WHEN LIFE HANDS YOU LEMONS

FORGIVE

- **Forgive the Past**
- **Forgive Yourself**
- **Forgive Those in Front of You**
- **Forgive Those Who are Not in Front of You**

Remember: They May Need to Forgive You, Too!

If you forgive those who sin against you, your heavenly Father will forgive you. But if you refuse to forgive others, your Father will not forgive your sins. -Matthew 6:14-15 (NLT)

WHEN LIFE HANDS YOU LEMONS

"We should
certainly
count our blessings,
but we should also
make our
blessings count."

"We should

FACE

**Keep Your Eyes on Jesus
Look Forward, not Backward!**

**Seek HIS face
Let Him Take Care of the Rest.**

"Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need." –Matthew 6:33 (NLT)

*make our
blessings count."*

If you are grateful
for everything,
then whatever you have
is enough.

FOCUS

If you are *grateful*
for everything,
then whatever you have

Focus On...

- GIFTS in Front of You
- On What You Have – Not What You Don’t Have

THANK God for the Gifts in Front of You...

...**TRUST** God for the Gifts that are Coming

Focus on the ETERNAL Reward –

...Not on Your Temporary Home Here on Earth

**'SOME PEOPLE COMPLAIN BECAUSE
GOD PUT THORNS ON ROSES, WHILE
OTHERS PRAISE HIM FOR PUTTING
ROSES AMONG THORNS.'**

~AUTHOR UNKNOWN

FORGET NOT

'SOME PEOPLE COMPLAIN BECAUSE
GOD PUT THORNS ON ROSES, WHILE
OTHERS
RO

...the True Meaning of Thanksgiving
...And Christmas

God Provided for Our Spiritual / Physical Needs

Tell God How Thankful You Are for

- What He Has Given to You
- What He Has Not Given You

**1 Thess 5:18, “give thanks in all circumstances;
for this is God's will for you...”**

- **T- Take Nothing for Granted**
- **H- Humble Yourself Before God**
- **A- Action- Keep Moving Forward...**
 ...Don't Let Circumstances Stop You
- **N- Never Forget God Is Always In Control**
- **K- Keep Your Eyes on the Blesser..**
 ...Not the Blessing
- **S- Say Thanks Often**

Your Christmas May Not Be Perfect
But the Reason For Christmas Is!
Focus on Him!!

