

Edward Church

July 20, 2025

This is the day the Lord has  
made. We will rejoice and  
be glad in it.

Psalm 118:24



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This is the Day  
-pt1

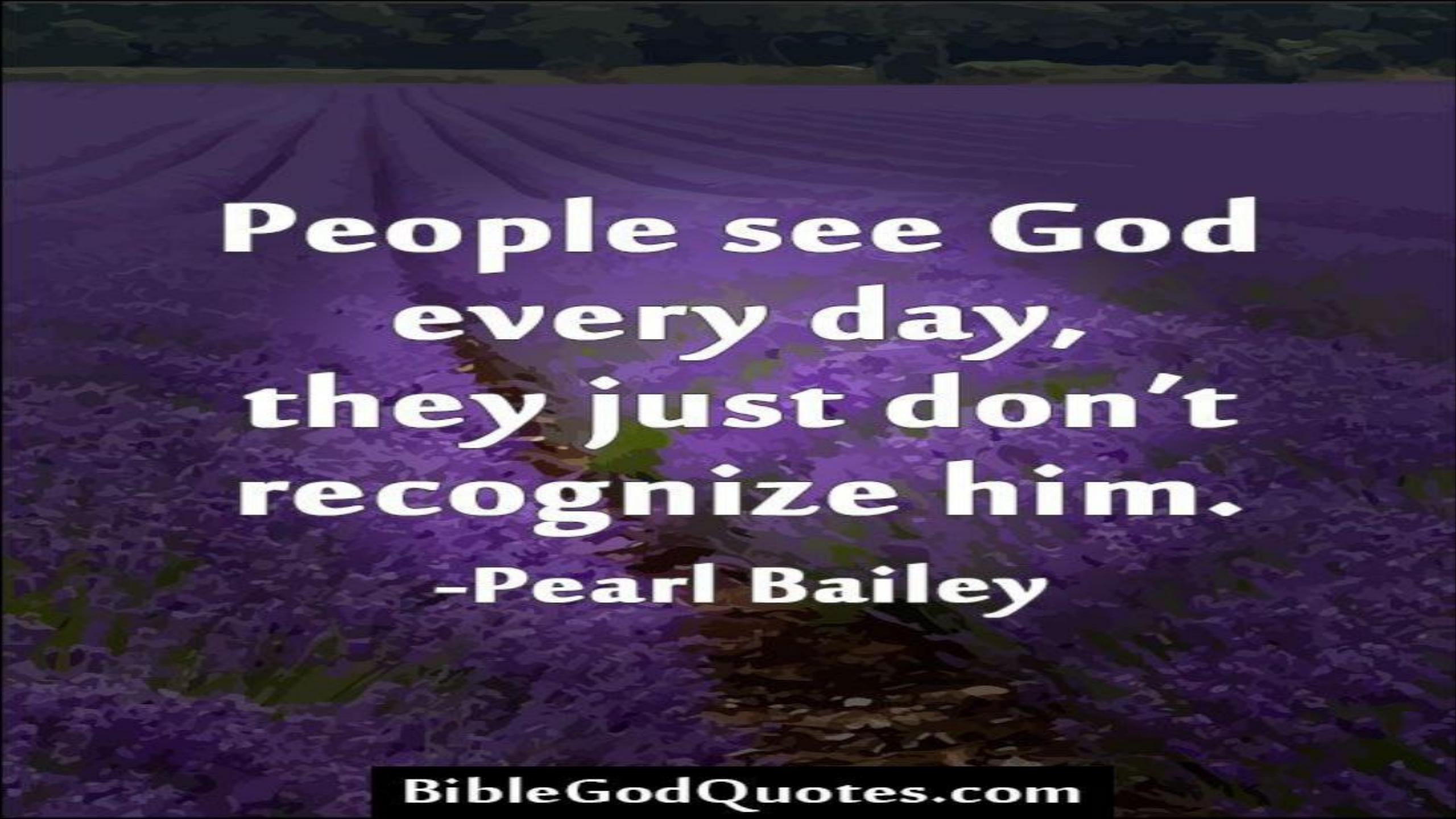
Psalm 118:24

THE LORD IS WITH ME;  
I WILL NOT BE AFRAID.  
WHAT CAN MAN DO TO ME?

PSALM 118:6

# **What a Powerful Reminder that Every Day is a Gift from God**

- **Every Moment an Opportunity to Rejoice in His Goodness**
  - **Recognize His Hand in Our Lives**
    - **In the Light or in the Dark**
  - **Rest Assured that the Lord Is With Us**
    - ...He Is For Us**
    - ...Working All Things Together for Our Good**



People see God  
every day,  
they just don't  
recognize him.

-Pearl Bailey

# Recognizing the Lord in Every Experience

**In The Hustle And Bustle of Our Daily Lives...**

**...It's Easy to Lose Sight Of God's Presence.**

- **Caught Up In Routines, Worries, Ambitions**
- **Forgetting God Is Right There With Us,**

**GOD IS IN ME.**  
LOOKUPQUOTES.COM  
**GOD IS WITH ME.**  
**GOD IS FOR ME.**

LOOKUPQUOTES.COM

# Recognizing the Lord in Every Experience



- **Every Moment, Every Experience.**
  - **He's There When We Wake Up,**
    - **When We Lay Down**
    - **He's There In Our Joys / Sorrows...**

**...In Our Victories / Defeats.**

→ God's  
**PLANS** for your life  
far exceed the  
**CIRCUMSTANCES**  
of your day.

.....

I have **MADE** you  
and I will **CARRY** you,  
I will **SUSTAIN** you  
and I will **RESCUE** you.  
Isaiah 46:4

→ God's

**Recognition of God's Presence in Every  
Experience...**

**...Can Transform the Way We Live**

**It Can Bring A Sense of Purpose and Meaning...**

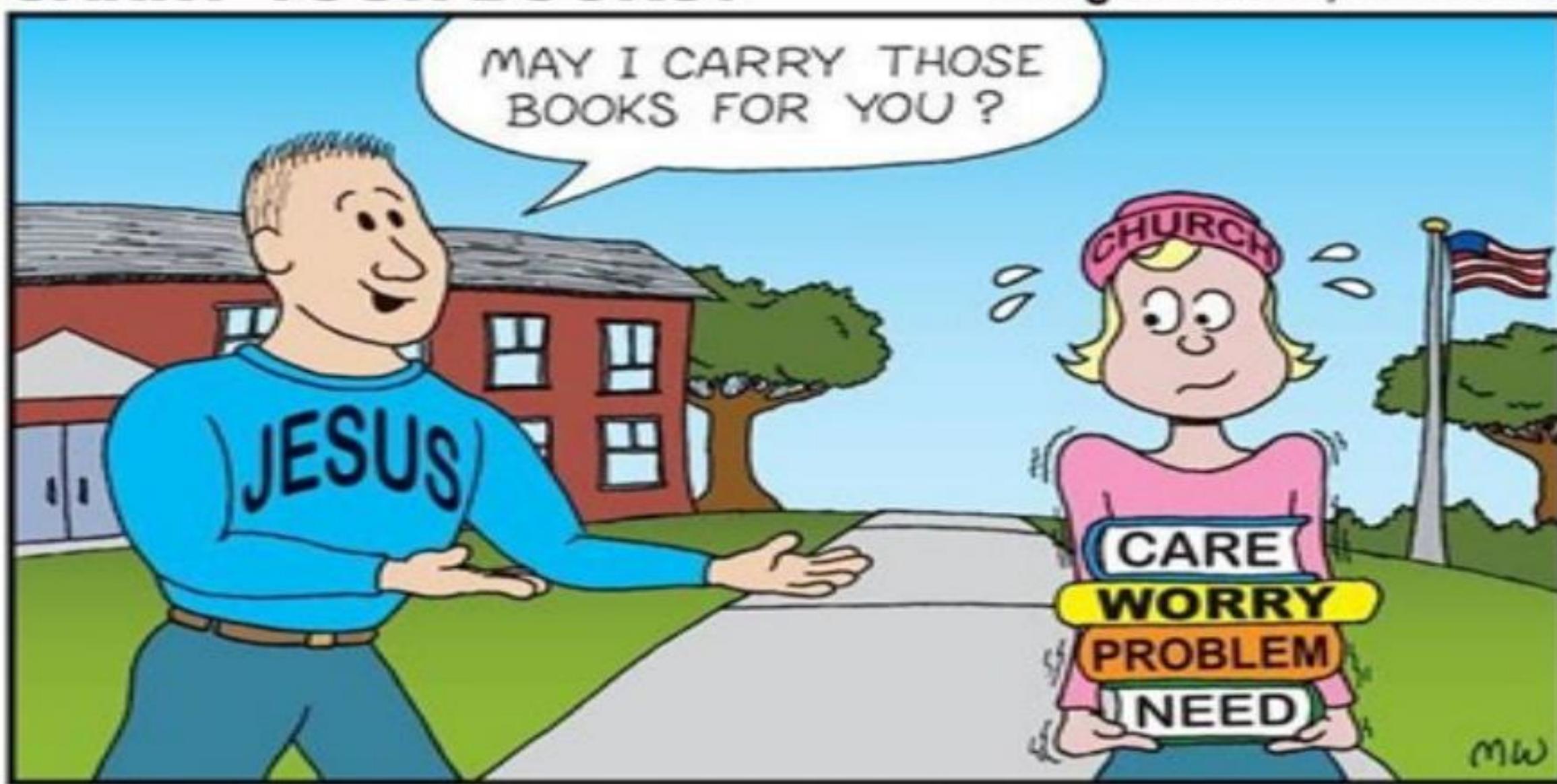
**...To Even the Most Mundane Tasks.**

**It Can Fill Us With Joy and Gratitude...**

**...Even in the Midst of Trials and Tribulations.**

# CARRY YOUR BOOKS?

A Joyful 'toon by Mike Waters



Casting all your care upon him; for he careth for you.

- 1 PETER 5:7 KJV

# CARRY YOUR BOOKS?

A Joyful 'toon by Mike Waters



**Recognition of God's Presence in Every Experience...**

**...Can Transform the Way We Live**

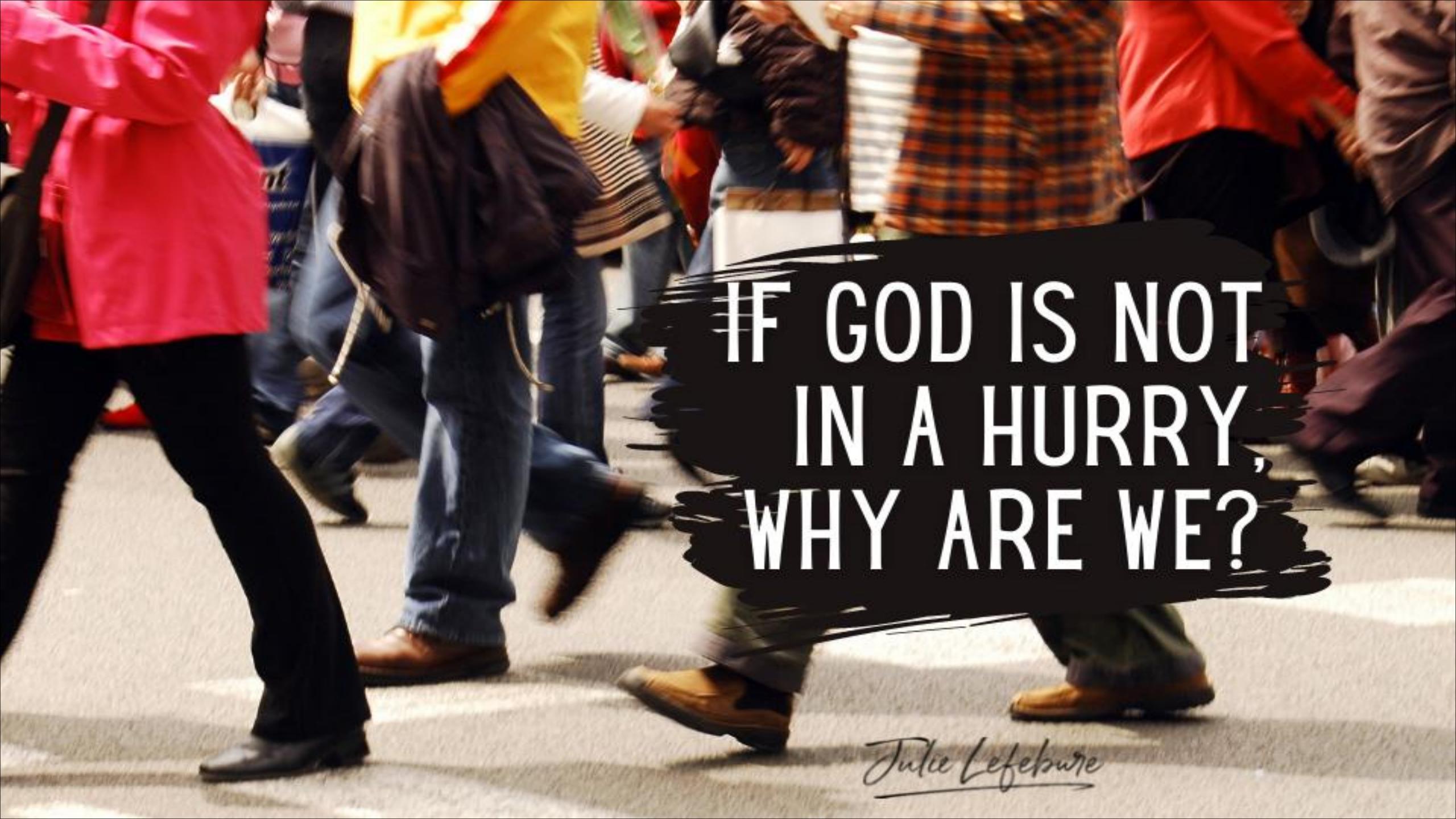
**It Can Give Us A Sense of Peace and Contentment...**

**...Even When Things Don't Go Our Way.**

***How Do We Train Our Hearts /Minds To...***

***...See God's Hand in Everything?***

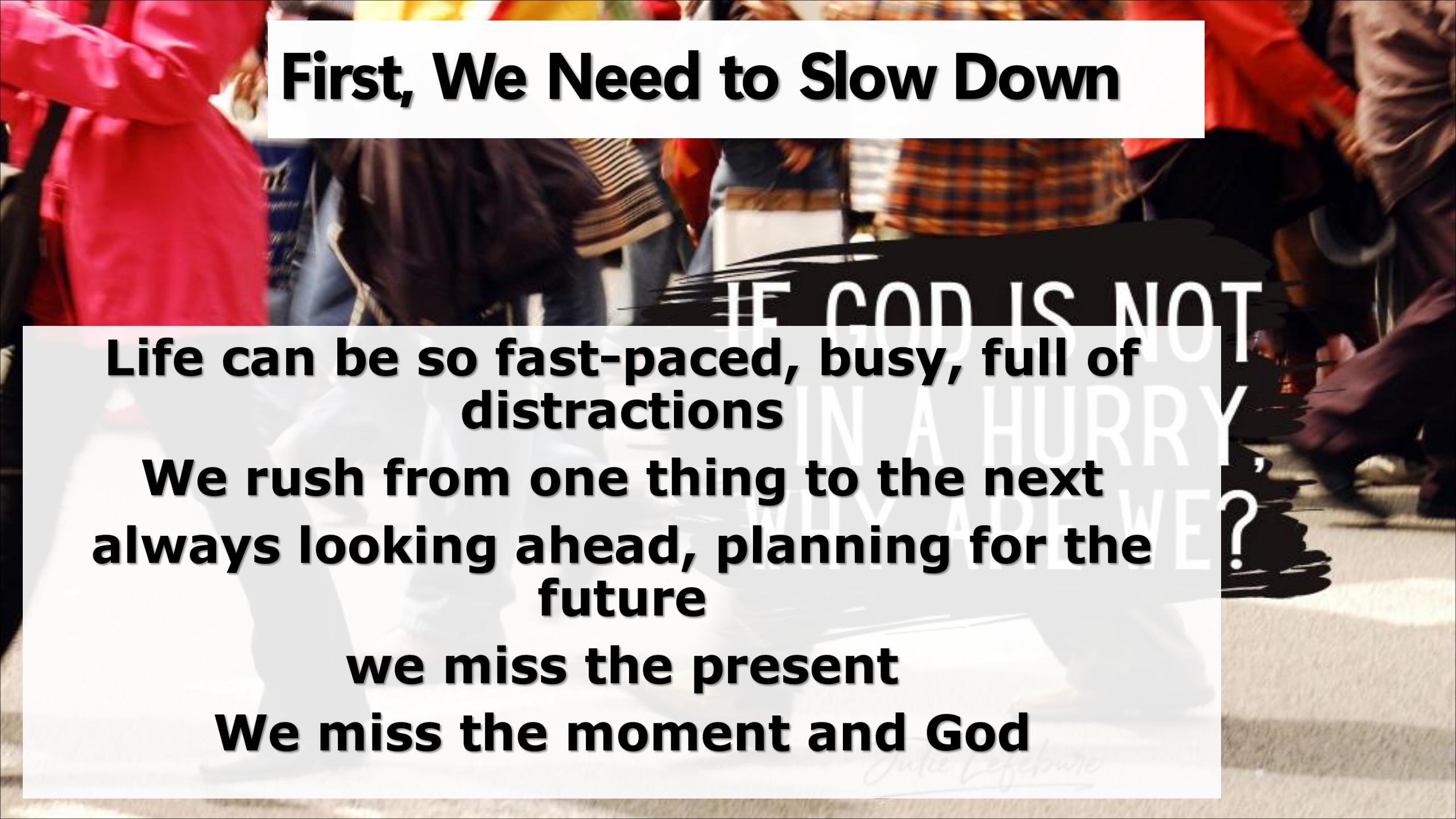
Casting all your care upon him, for he cares for you.



IF GOD IS NOT  
IN A HURRY,  
WHY ARE WE?

*Julie Lefebvre*

# First, We Need to Slow Down



**Life can be so fast-paced, busy, full of  
distractions**

**We rush from one thing to the next  
always looking ahead, planning for the  
future**

**we miss the present**

**We miss the moment and God**

**IF GOD IS NOT  
WITH US, WHO IS**

**ARE WE IN A HURRY,  
OR ARE WE?**

# First, We Need to Slow Down

IF YOU  
SLOW DOWN  
YOUR PACE  
OF LIFE, you can  
find Me anywhere.



— JESUS CALLING®

# First, We Need to Slow Down

**Slow Down**

**Take The Time...**

**...To Be Still**

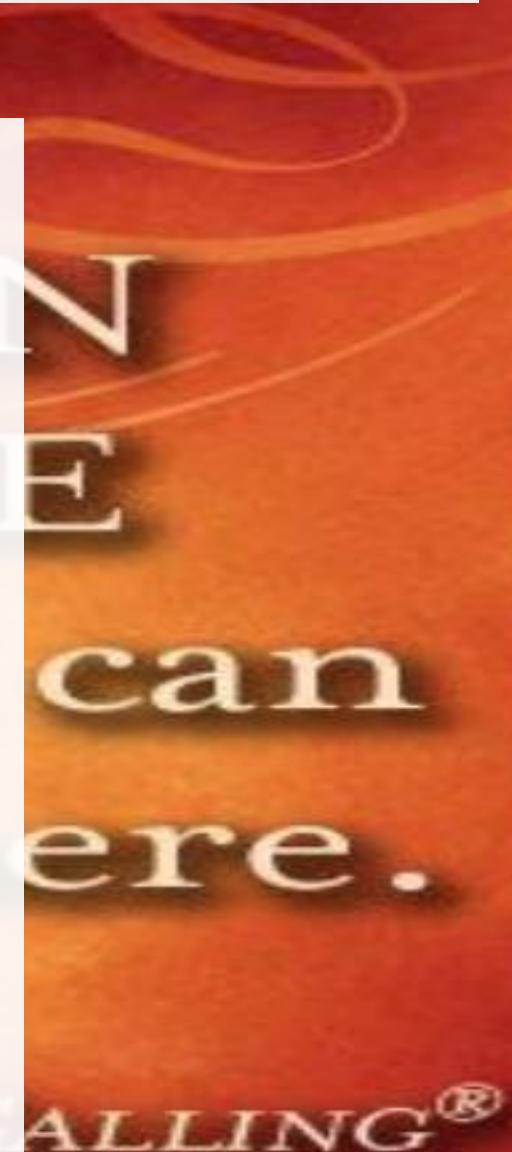
**...To Be Present**

**...To Be Aware**

**take the time to notice the beauty  
around us,**

**the blessings in our lives,**

**the presence of God in every moment**



A GRATEFUL HEART  
IS A MAGNET FOR  
MIRACLES



# Second, We Need to Cultivate a Grateful Heart

A GRATEFUL HEART

## Gratitude is a Powerful Practice

- Shifts Our Focus From What We Lack ...  
...To What We Have.
- It Helps Us to See the Good In Every Situation...  
...Blessing In Every Trial  
...Grace In Every Hardship
- We Need To Make it a Habit to Thank God for ...  
...Every Moment, Every Experience, Every Blessing

God is not  
an option,  
He is a  
necessity.

# Third, We Need to Trust in God's Sovereignty

God is not

**God is in Control.**

**He is the Creator of All Things...**

**...Sustainer of All Things,**

**...Ruler of All Things.**

**Nothing Happens Without His Knowledge, Permission, Purpose.**

**I CAN REST  
in the fact that  
GOD IS  
IN CONTROL.**

Which means I can face  
things that are  
out of my control and  
not act out of control.

# **Third, We Need to Trust in God's Sovereignty**

**We Need to Trust In His Sovereignty.**

**Trust**

**He is working all things together for our  
good,**

**He is using every experience, moment,  
for His glory and our growth**

**not act out of control.**



be glad in it.  
Psalms 118:24

## Week's Challenge...

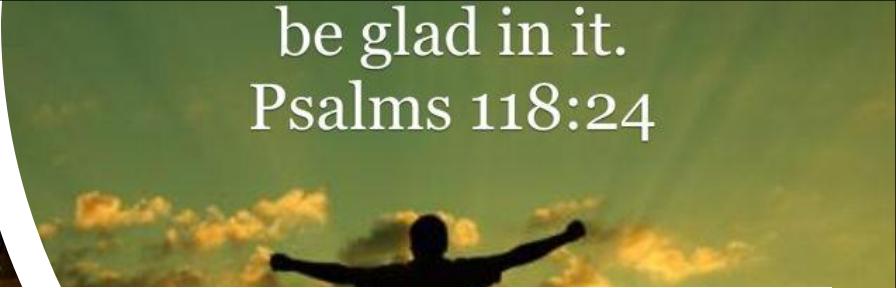
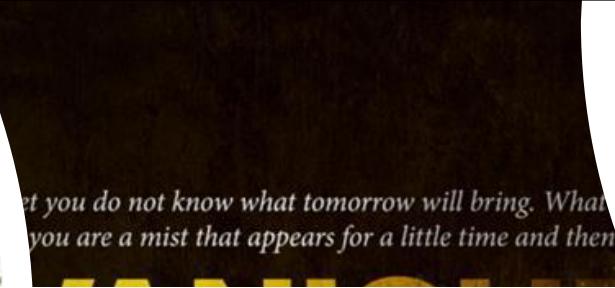
**Begin Each Morning by Acknowledging the Day as a Gift.**

## Cultivate Daily Gratitude



To every thing there is a season...





be glad in it.  
Psalms 118:24

## Week's Challenge...

**Begin Each Morning by Acknowledging the Day as a Gift.**

- **Reflect on Specific Blessings**  
**(health, relationships, opportunities)**
- **To Shift Focus from Challenges to God's Provision.**
- **Keep a Gratitude Journal...**  
**...Noting 3 Things You're Thankful For Daily**