

**Edward Church**

**October 12, 2025**

A close-up, low-angle shot of a person's legs and feet as they run on a trail. The runner is wearing dark brown running shoes with red accents and white socks. The ground is covered in dry, yellowish-brown grass and small, light-colored rocks. The background is a blurred landscape of dry grass and a clear blue sky.

# **Recovery 12 Steps to Find Peace**

**Psalm 139:23–24**

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***“The Courage  
to Make Things  
Right”  
(Steps 8 & 9)***

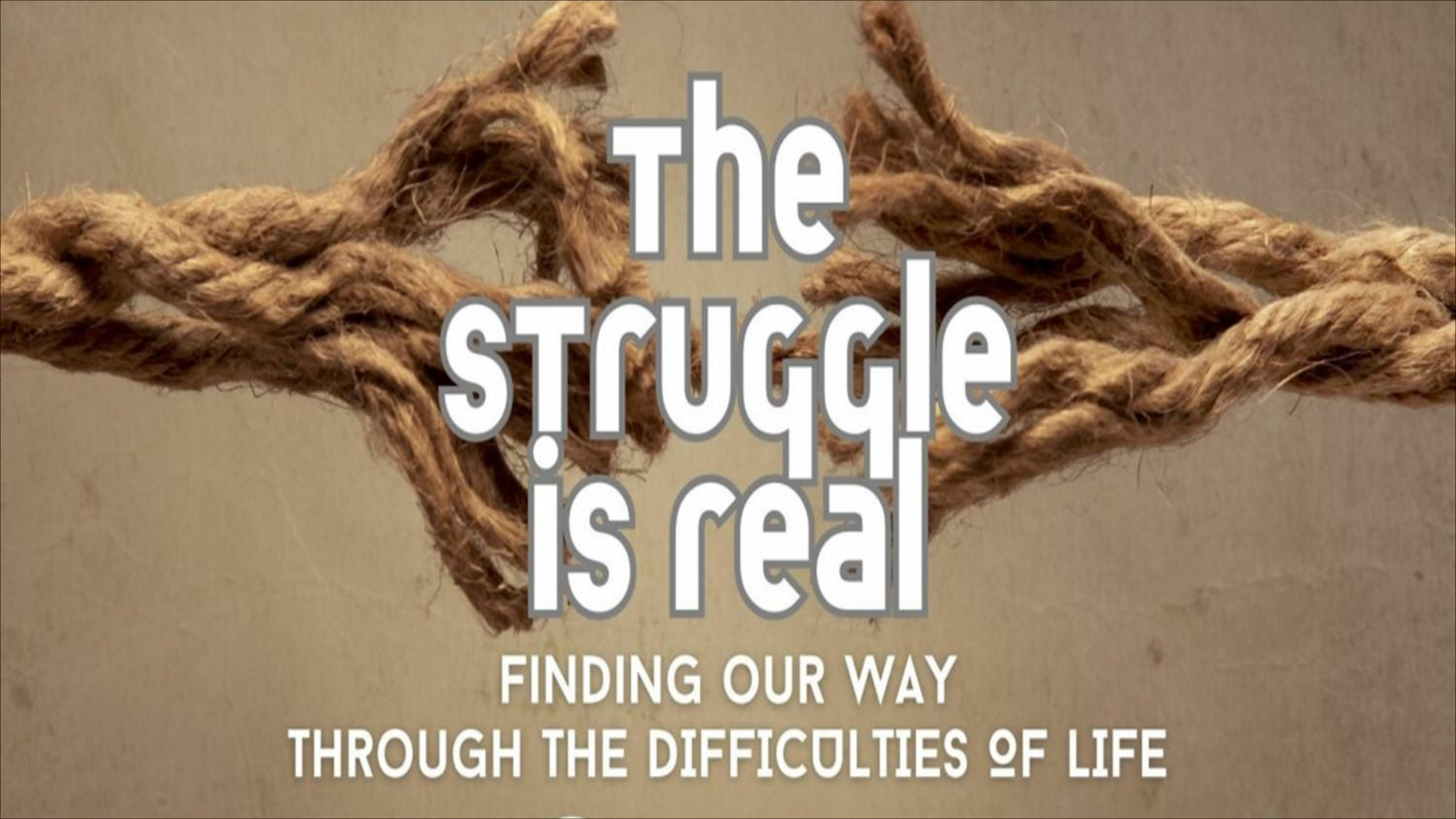
**Come Together  
Right Now  
Over Me!**



## **Every Christian Is in Recovery**

- **We All Battle Sin, Fear, Pride, Or Shame**
  - **But the Gospel Is a Recovery Story**
- **Steps 1–3 = The Heart Of Discipleship**
- **Steps 4-7 = Cleansing & Confession**
- **Steps 8-9 = The Courage to Make Things Right**

**Come Together**

A thick, brown, knotted rope is draped across the upper half of the image. The rope is made of multiple strands, giving it a textured, fibrous appearance. It is set against a light brown, textured background that resembles aged paper or a masonry wall. The lighting is soft, highlighting the texture of the rope and the background.

# The struggle is real

FINDING OUR WAY  
THROUGH THE DIFFICULTIES OF LIFE



# Step 1: Admit Powerlessness

## Romans 7:18

- *“For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out.”*

## Romans 7:18 Amp

For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot perform it. [I have the intention and urge to do what is right, but no power to carry it out.]

THROUGH THE DIFFICULTIES OF LIFE

***“We came to believe that a power greater than ourselves could restore us to sanity.”*** Philippians 2:13

### **Philippians 2:13 Amp**

**<sup>13</sup> [Not in your own strength] for it is God Who is all the while <sup>[a]</sup>effectually at work in you [energizing and creating in you the power and desire], both to will and to work for His good pleasure *and* satisfaction *and* delight.**

## **Step 2: Believe in God's Power**

*"We came to believe..."*

- Philippians 2:13; Ephesians 3:20

## **Step 3: Surrender to God's Care**

*"We made a decision to turn our will / lives over..."*

Romans 12:1; Proverbs 3:5–6

**His good pleasure *and* satisfaction *and* delight.**





## **Steps Overview**

- **Step 4:** Fearless Moral Inventory
- **Step 5:** Confession to God, Self, and Others
  - **Step 6:** Readiness For God's Change
- **Step 7:** Humble Request For God's Help



**Psalm**



**Recovery is Not About Perfection...  
....It's About Progress.**

**God Doesn't Just Forgive...  
...He Transforms.**

If it is possible,  
as far as it depends on you,  
live at peace with everyone.

**Romans 12:18**





# **The Courage to Make Things Right**

## **Steps 8 & 9**

***“If it is possible, as far as it depends on you,  
live at peace with everyone”***

**– Romans 12:18**



# God's Love Heals Relationships

- Recovery is not just Inward
  - it's Outward
- God's love flows through us into our relationships
  - **Step 8:** "Made a list of all persons we had harmed and became willing to make amends to them all."

**2 Corinthians 5:18**, "*God... gave us the ministry of reconciliation.*"





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**2 Corinthians 5:18**, *"God... gave us the ministry of reconciliation."*

**Recovery is not just about personal healing...**  
**...it's about relational restoration.**  
**Not Just Vertical..**  
**But Horizontal**  
**God empowers us to make amends, rebuild trust, and walk in freedom.**







## **Step 8 – Willingness**

- **Healing begins with willingness**
- **Making a list is not about shame...**  
**...it's about freedom**
- **God's Love Gives Us Courage to Face the Past**



WORK AT LIVING IN  
*peace*  
WITH EVERYONE

H E B R E W S 1 2 : 1 4



## **Step 9 – Courage To Act**

- **Step 9: “Made Direct Amends to Such People Wherever Possible...  
...Except When to Do So Would Injure Them Or Others.”**

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- **Zacchaeus (Luke 19:8) – *“If I Have Cheated Anybody...  
...I Will Pay Back Four Times The Amount.”***
  - **Making Amends Is Not Groveling...  
...it’s Growing**

## **God's Love Restores**

- **Jesus is the ultimate reconciler (Colossians 1:20)**
  - **He took the first step toward us**
- **Forgiveness is possible because of His love**







# Be kind and compassionate

to one another,  
forgiving each other,  
just as in Christ  
God forgave you.

Ephesians 4:32





# Daily Living Applications

- Pray over your “list” this week
- Take one step toward amends (letter, call, conversation)

just as in Christ  
God forgave you.

Ephesians 4:32





## Daily Living Applications

- Pray over your “list” this week
- Take one step toward amends (letter, call, conversation)
- Trust God with the outcome—your obedience honors Him

Ephesians 4:32 – *“Be kind and compassionate... forgiving each other, just as in Christ God forgave you.”*

just as in Christ  
God forgave you.

Ephesians 4:32







Weeping  
may endure for a  
night,



but joy comes  
in the  
morning.

Psalm 30:5



The background of the slide features a stylized illustration. The top half is a dark blue sky with several blue raindrops falling. The bottom half shows a bright orange sun rising over a layer of blue and white clouds. The sun's rays are depicted as yellow and orange beams. The overall theme is one of hope and renewal, transitioning from a dark, rainy night to a bright, sunny morning.

Weeping  
may endure

## **The Freedom of Love in Action**

- **Step 8: Be Willing...**  
**...God's love makes you willing**
- **Step 9: Be Courageous**  
**...God's love makes you brave**
- **Both: Be like Jesus—**
- **His love makes you new**

but

joy comes  
in the

**morning.**

Psalm 30:5





*His mercies are  
new every morning,  
Great is His  
faithfulness.*

*Lamentations 3:22-23*

**Phil 3:13–14**, *“Forgetting what is behind and straining toward what is ahead, I press on toward the goal...”*

• **Be Encouraged:**

**You Are Not Defined By Your Mistakes...**

**...You Are Defined By God's Love**

*new every morning,  
Great is His  
faithfulness.*

*Lamentations 3:22-23*