



Edward Church

October 12, 2025

Recovery 12 Steps to Find Peace

Psalm 139:23-24

**Come Together
Right Now
Over Me!**

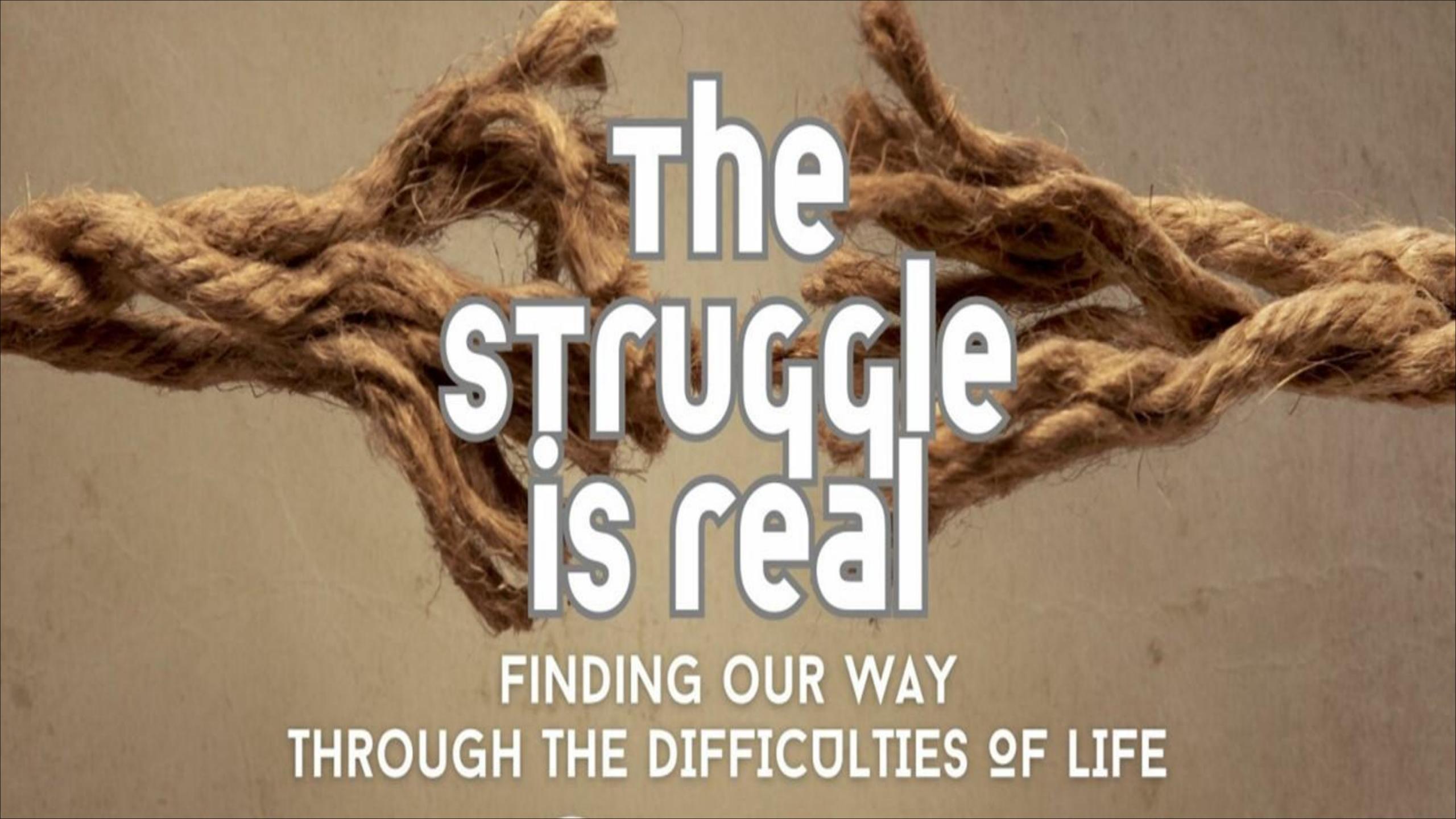
***“The Courage
to Make Things
Right”***
(Steps 8 & 9)



Every Christian Is in Recovery

- We All Battle Sin, Fear, Pride, Or Shame
 - But the Gospel Is a Recovery Story
- Steps 1–3 = The Heart Of Discipleship
 - Steps 4-7 = Cleansing & Confession
- Steps 8-9 = The Courage to Make Things Right

Come Together



The STRUGGLE is real

FINDING OUR WAY
THROUGH THE DIFFICULTIES OF LIFE

Step 1: Admit Powerlessness

Romans 7:18

- *“For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out.”*

Romans 7:18 Amp

For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot perform it. [I have the intention and urge to do what is right, but no power to carry it out.]

THROUGH THE DIFFICULTIES OF LIFE

“We came to believe that a power greater than ourselves could restore us to sanity.” Philippians 2:13

Philippians 2:13 Amp

13 [Not in your own strength] for it is God Who is all the while [a]effectually at work in you [energizing and creating in you the power and desire], both to will and to work for His good pleasure *and* satisfaction *and* delight.

Step 2: Believe in God's Power

“We came to believe...”

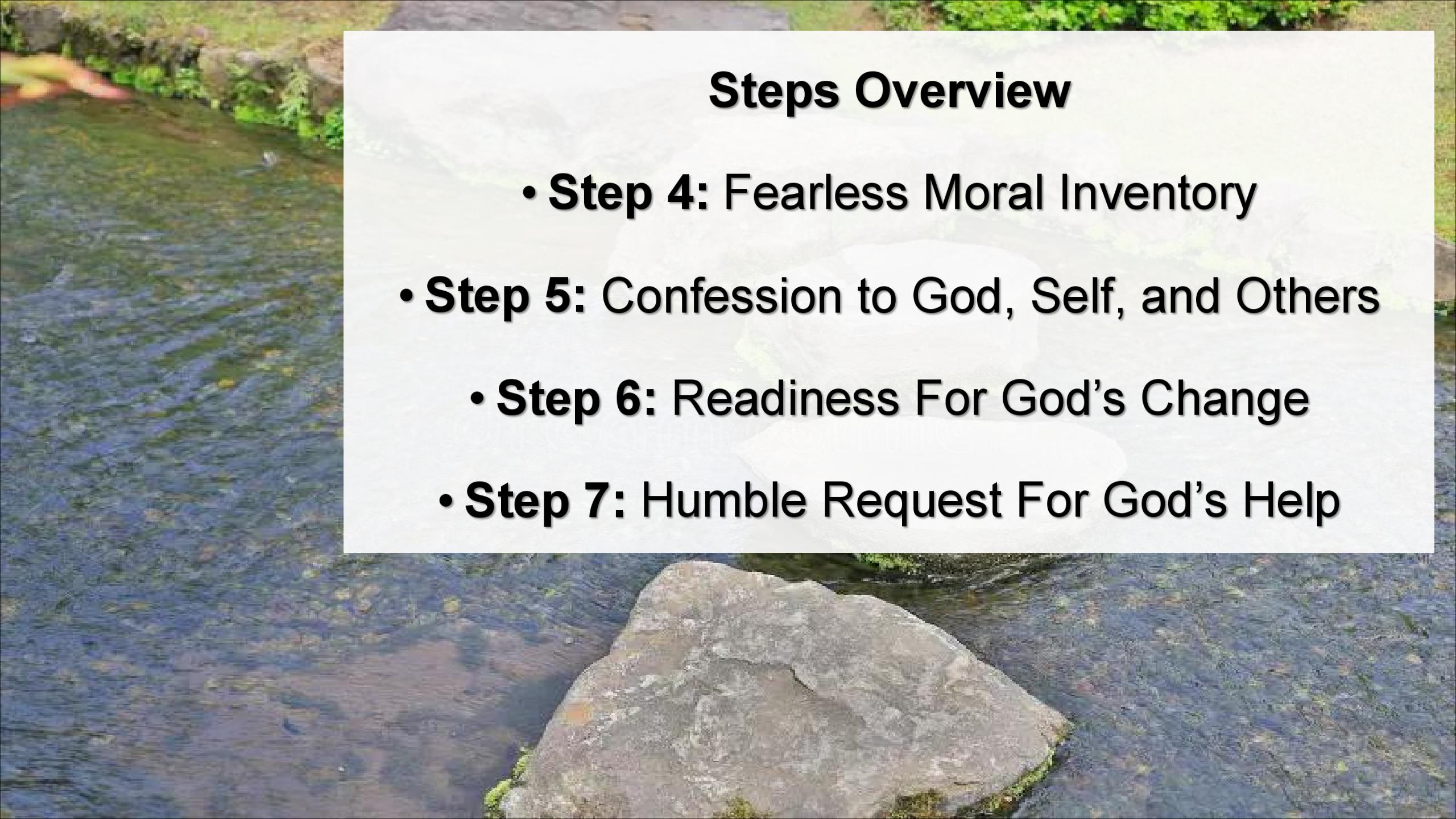
- Philippians 2:13; Ephesians 3:20

Step 3: Surrender to God's Care

“We made a decision to turn our will / lives over...”

- Romans 12:1; Proverbs 3:5–6

His good pleasure *and* satisfaction *and* delight.



Steps Overview

- **Step 4: Fearless Moral Inventory**
- **Step 5: Confession to God, Self, and Others**
- **Step 6: Readiness For God's Change**
- **Step 7: Humble Request For God's Help**



Recovery is Not About Perfection...
....It's About Progress.

God Doesn't Just Forgive...
...He Transforms.

If it is possible,
as far as it depends on you,
live at peace with everyone.

Romans 12:18



The Courage to Make Things Right

Steps 8 & 9

***"If it is possible, as far as it depends on you,
live at peace with everyone"***

– Romans 12:18



God's Love Heals Relationships

- Recovery is not just Inward
 - it's Outward
- God's love flows through us into our relationships
 - Step 8: "Made a list of all persons we had harmed and became willing to make amends to them all."

2 Corinthians 5:18, "God...
gave us the ministry of reconciliation."



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Recovery is not just about personal healing...

...it's about relational restoration.

Not Just Vertical..

But Horizontal

God empowers us to make amends, rebuild trust, and walk in freedom.





Step 8 – Willingness

- Healing begins with willingness**
- Making a list is not about shame...**
...it's about freedom
- God's Love Gives Us Courage to Face the Past**



WORK AT LIVING IN
peace
WITH EVERYONE

HEBREWS 12:14

Step 9 – Courage To Act

- Step 9: “Made Direct Amends to Such People Wherever Possible...
...Except When to Do So Would Injure Them Or Others.”**

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- **Step 9: “Made Direct Amends to Such People Wherever Possible...**
...Except When to Do So Would Injure Them Or Others.”
- **Zacchaeus (Luke 19:8) – “If I Have Cheated Anybody...
...I Will Pay Back Four Times The Amount.”**
 - **Making Amends Is Not Groveling...
...it’s Growing**

God's Love Restores

- Jesus is the ultimate reconciler (Colossians 1:20)
 - He took the first step toward us
 - Forgiveness is possible because of His love





kind and **Be kind and** **compassionate**

to one another,
forgiving each other,
just as in Christ
God forgave you.

Ephesians 4:32



Daily Living Applications

- Pray over your “list” this week
- Take one step toward amends (letter, call, conversation)

just as in Christ
God forgave you.

Ephesians 4:32



Daily Living Applications

- Pray over your “list” this week
- Take one step toward amends (letter, call, conversation)
- Trust God with the outcome—your obedience honors Him

Ephesians 4:32 – *“Be kind and compassionate... forgiving each other, just as in Christ God forgave you.”*

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God forgave you.

Ephesians 4:32



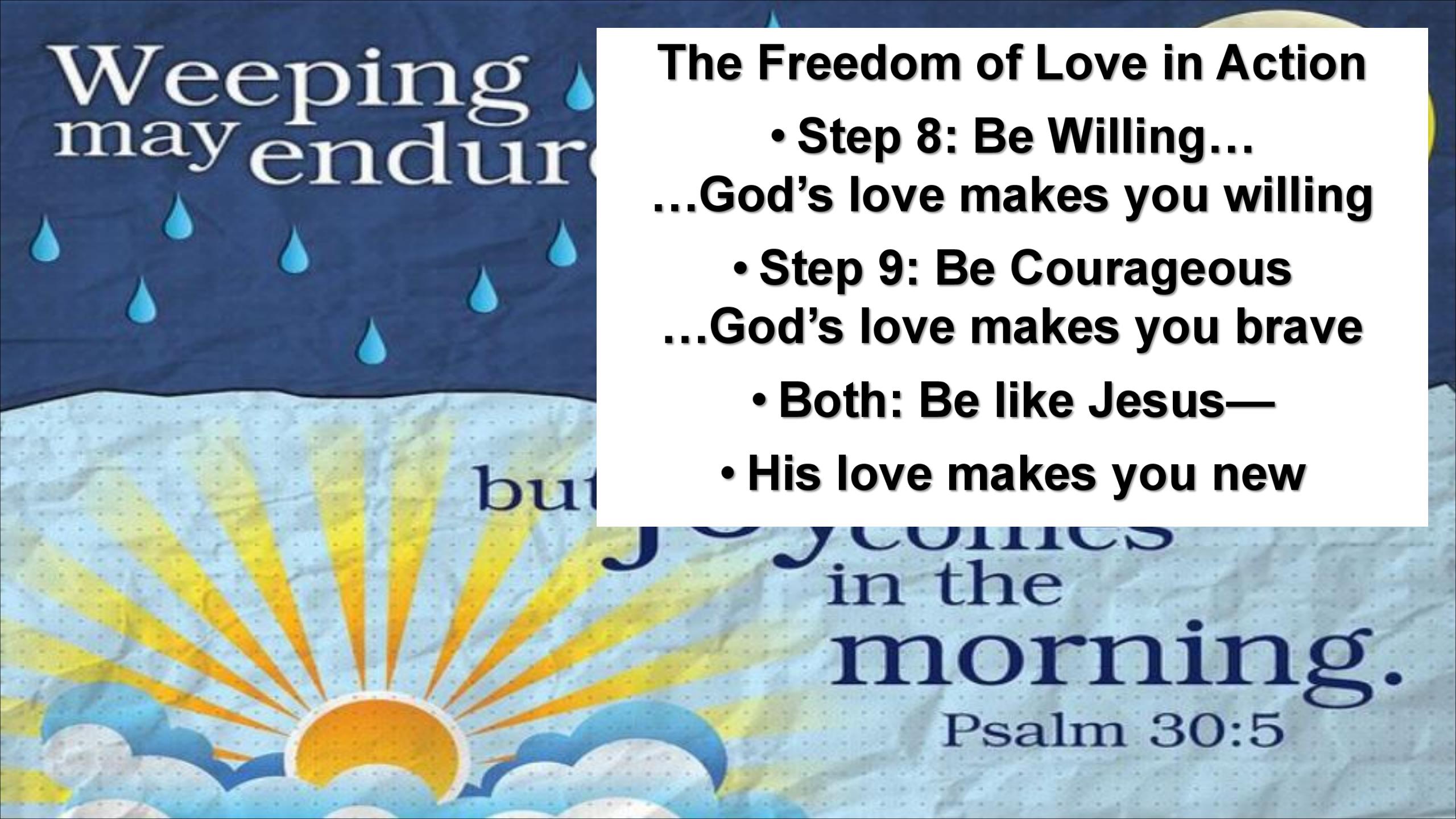
Weeping
may endure for a
night,



but joy comes
in the
morning.

Psalm 30:5





Weeping may endure

The Freedom of Love in Action

- Step 8: Be Willing...
...God's love makes you willing
- Step 9: Be Courageous
...God's love makes you brave
- Both: Be like Jesus—
- His love makes you new

Psalm 30:5

A landscape photograph of a sunrise or sunset over a field. The sky is a warm, golden-orange color. In the center, the sun is a bright, overexposed white circle. The horizon line is low, with silhouettes of trees and the tops of tall grasses in the foreground. The overall atmosphere is peaceful and spiritual.

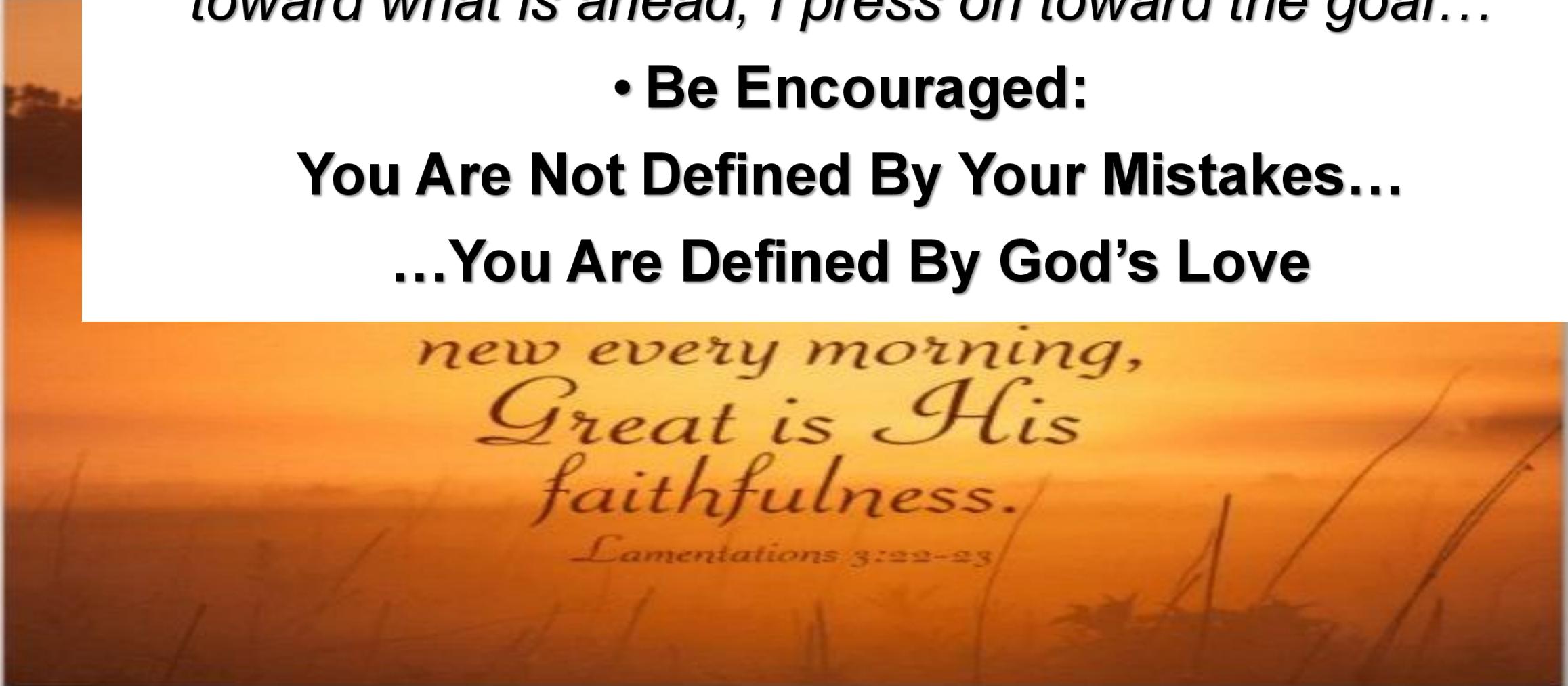
*His mercies are
new every morning,
Great is His
faithfulness.*

Lamentations 3:22-23

Phil 3:13–14, “Forgetting what is behind and straining toward what is ahead, I press on toward the goal...”

- Be Encouraged:

**You Are Not Defined By Your Mistakes...
...You Are Defined By God's Love**



*new every morning,
Great is His
faithfulness.*

Lamentations 3:22-23