**Edward Church Stop the Bleeding – Self Esteem July 18, 2017 Pt 2**

**God has so** much **for us to** experience **in this life. He has** provided **a way in** every **situation**

**That we may** find **ourselves in. So many times, we get** harmed **by** circumstances **and if not** handled **correctly, we can** bleed **to death (***emotionally, mentally, spiritually***). We need to find what God** says**,** apply **it and** stop **the** bleeding**.**

**…Self-**Esteem **and Self-**Image

* **When God** made **you, he** equipped **you with** talents **and** abilities **that are** uniquely **yours.**
* **It’s up to** you **to** discover **those** talents **/ use them, but the** world **will** encourage **you to do** otherwise**.**

**Because you’re an** imperfect **human being, you may become** wrapped **up in meeting society’s** expectations **that you** fail **to** focus **on God’s** expectations**. We** need **to seek God’s** guidance **as you** focus **your** energies **on becoming the best** “you” **that you can possibly** be**. And when it comes to** matters **of self-**esteem **and self-**image**, seek** approval **not from your** peers**, but from your** God**.**

**The Following** Common-**Sense,** Biblically**-Based Tips Can Help You** Build **the Kind of Self-**Image**—And the Kind of** Life**—That Both** You**/** God **Can Be** Proud **Of:**

* **Do the** Right Thing**: Rom 14:12,** *“So then each of us shall give account of himself to God”*
* Watch **What You** Think**: -Phil 4,** *“Finally, brethren, whatever things are true, whatever things are noble,*
* **Spend** Time **w-** Boosters**, Not** Critics**: Psa 1:1-3**
* **Don’t Be a** Perfectionist**: Ecc 11:4, 6,** *“When the clouds are full of water, it rains…*
* **Find** Something **That You’re** Passionate **About: Become so busy** following **your** passion **that you** forget **to** worry **about** your **self-esteem. -Col 3:23,** *“23 whatever you do, do it heartily, as to the Lord and not to men, 24knowing that from the Lord you will receive the reward of the inheritance; for you serve the Lord Christ”*-**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
* **If You’re** Addicted **to Something** Unhealthy**, stop; If you can’t** stop**, get** help**:** addictions **create** havoc**,** disorder**,** grief **in your life and** enables **low self-esteem. -Exodus 20:3, 3,** *“You shall have no other gods before Me”*-**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
* **Find a** Purpose **for Your** Life **that is Larger Than You Are: When you’re** dedicated **to** something **or** someone **besides** yourself**, you** blossom**. -Eph 6:7,** *“5Bondservants, be obedient to those who are your masters according to the flesh, with fear and trembling, in sincerity of heart, as to Christ; Work Ethic: You’re Not Working for People 6not with eye service, as men-pleasers, but as bondservants of Christ, doing the will of God from the heart, 7with goodwill doing service, as to the Lord, and not to men,”*

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* **Don’t** Worry **About** Self-Esteem**: Instead, be** concerned **about living a** life **that is** pleasing to God.
  + **Learn to think** optimistically
  + **Find a worthy** purpose
  + **Find** people **to** love **and** serve

**When You** Do**, Your Self-Esteem** Will **Take Care of** Itself**. -Phil 2:4,** *“Let each of you look out not only for his own interests, but also for the interests of others.”-\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

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*This is why I remind you to keep using the gift God gave you when I laid my hands on you. Now let it grow, as a small flame grows into a fire.* **2 TIM 1:6 NCV**

*For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.* **EPH 2:10 NKJV**

***You made my whole being; you formed me in my mother’s body. I praise you because you made me in an amazing and wonderful way. What you have done is wonderful. I know this very well. You saw my bones being formed as I took shape in my mother’s body. When I was put together there, you saw my body as it was formed. All the days planned for me were written in your book before I was one day old.* PSA 139:13-16 NCV**

*God did not give us a spirit that makes us afraid but a spirit of power and love and self-control.* **2 TIM 1:7 NCV**

*Believe in yourself. Have faith in your abilities. Without a humble but reasonable confidence in your own powers, you can’t be successful or happy.* **NORMAN VINCENT PEALE**

*Being loved by Him whose opinion matters most gives us the security to risk loving, too—even loving ourselves.* **GLORIA GAITHER**

*As you and I lay up for ourselves living, lasting treasures in Heaven, we come to the awesome conclusion that we ourselves are His treasure!* **ANNE GRAHAM LOTZ**

*You are valuable just because you exist. Not because of what you do or what you have done, but simply because you are.* **MAX LUCADO**

*Perhaps I am stronger than I think***. THOMAS MERTON**

**Down store isle -sign damaged goods – reduced price (value)**

**Can dented. label torn…discolored – ½ price**

**Satan is accuser of bro**

**He loves to place labels on you**

**You may have lost but you’re not a loser**

**You may have failed but you’re not a failure**

**Not born to right family. Right area…era.**

**I didn’t come Thru my family.**

**I came from God**

**With a Divine Purpose**

**Negative Always Shouts!!!!**