**Edward Church Stop the Bleeding pt 4c– Communication August 22, 2017 Pt 3**

**God has so** much **for us to** experience **in this life. He has** provided **a way in** every **situation that we may** find **ourselves in. So many times, we get** harmed **by** circumstances **and if not** handled **correctly, we can** bleed **to death (***emotionally, mentally, spiritually***). We need to find what God** says**,** apply **it, and** stop **the** bleeding**.**

 **…** **Communication**

 **Have you ever paused to** evaluate **the** impact **of** how **you communicate? A** thoughtful, encouraging **word**, **an** empathetic **comment**, **a** compassionate **glance** **or a** careless **comment, a** rude **remark, a** sarcastic **smirk -what do they** really **communicate to those** closest **to you? Your words have the** potential **of bringing** life **or** death **to the** heart **of another. Your** words**, along with underlying** attitudes**, will either** build **others up or** tear **them down,** strengthen **them in the Lord (***stop the bleeding***) or** weaken **their faith (***cause bleeding***)**

 *"The tongue has the power of life and death, and those who love it will eat its fruit."* -**Prov 18:21**

 ***"Ten Commandments"* of Godly Communication**

**The** Bible **gives many** directives **for the** words **we use in** communicating **with others. The** following **are** Ten Commandments **that** **reflect** **fundamental** principles **of godly** communication.

**#1** **Your Words are to be** Truthful.

* *"The Lord detests lying lips, but he delights in men who are truthful." -***Proverbs 12:22**

**#2** **Your Words are to be** Pleasing to God.

* *"May the words of my mouth and the meditations of my heart be pleasing in your sight." -***Psalm 19:14**

**#3** **Your Words are to be** Life-Giving.

* *"The tongue has the power of life and death." -***Proverbs 18:21**

**#4** **Your Words are to be** Encouraging.

* *"Encourage one another and build each other up, just as in fact you are doing."* **-1 Thess 5:11**

**#5** **Your Words are to be** Gracious**.**

* *"Words from a wise man's mouth are gracious, but a fool is consumed by his own lips."* **-Ecc 10:12**

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**#6** **Your Words are to be** Wise**.**

* *"Wisdom is found on the lips of the discerning, but a rod is for the back of him who lacks judgment." -***Prov 10:13**

**#7** **Your Words are to be** Few.

* *"When words are many, sin is not absent, but he who holds his tongue is wise." -*Proverbs 10:19

**#8** **Your Words are to be** Timely.

* *"A man finds joy in giving an apt reply*—*and how good is a timely word!" -***Proverbs 15:23**

**#9** **Your Words are to be an** Investment.

* *"From.. fruit of his lips a man is filled w- good things as surely as ..work of his hands rewards him." -***Prov 12:14**

**#10** **Your Words are to be** Loving.

* *"If I speak in the tongues of men and of angels, but have not love, I am only a resounding gong or a clanging cymbal." -***1 Cor 13:1**
* *"You shall not give false testimony."* -**Exodus 20:16**

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