

**Edward Church**

**August 31, 2025**

A low-angle, close-up shot of a person's legs and feet as they run on a dry, rocky trail. The person is wearing dark running shoes with red accents and white socks. The ground is covered in dry, yellowish-brown grass and small, light-colored rocks. The background is a bright, hazy sky.

# **Recovery 12 Steps to Find Peace**

**Psalm 139:14 –pt2**





Finding Beauty in  
Brokenness

# **The Beauty Beneath the Brokenness**

**Recovery is not just about Healing What's Broken...**

**...it's About Rediscovering What Was Never Lost:**

**...your God-Given Worth**

Brokenness

**I WILL GIVE THANKS TO YOU,  
FOR I AM FEARFULLY AND WONDERFULLY MADE;  
WONDERFUL ARE YOUR WORKS,  
AND MY SOUL KNOWS IT VERY WELL.**



**PSALM 139:14**



## **The Beauty Beneath the Brokenness**

- **Psalm 139:14 reminds us that we are *wonderfully complex, marvelously made, and deeply known* by God.**

**• Even When We Feel Shattered...**

**...God Sees the Masterpiece Beneath the Mess.**

**• This is the Heart of Recovery**

**Embracing God's Design for Us Can Lead to...**

**Restoration, Renewal, and Hope.**

# Psalms

For You formed my inward parts;  
You covered me in my mother's  
womb. I will praise You, for I am  
fearfully and wonderfully made;  
Marvelous are Your works, and that  
my soul knows very well.

**139:13-14**



# **Point 1: You Are Not a Mistake — You Are Marvelous**

For You formed my inward parts;  
You covered me in Your mother's  
womb. I will praise You, for I am  
fearfully and wonderfully made;  
Marvelous are Your works, and that  
my soul knows very well.

**The psalmist doesn't say,**

***“I used to be marvelous.”***

- **He says, *“Your workmanship is marvelous...  
...how well I know it.”***

- **Recovery begins when we stop believing the lie  
that Our Pain Defines Us.**

- **Addiction, Trauma, Depression**

- **these are Chapters in Your Story, Not Your Identity.**



FOR YOU CREATED  
MY INMOST BEING  
YOU KNIT ME  
TOGETHER

IN MY MOTHER'S WOMB

I PRAISE YOU BECAUSE I AM  
FEARFULLY

AND

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PSALM 139:13-14



FOR YOU CREATED  
**MY INMOST BEING**  
YOU KNIT ME

**Point 1: You Are Not a Mistake — You Are Marvelous**

- **God's craftsmanship didn't disappear when you fell.**
  - **It's still there, waiting to be reclaimed.**

**Declaration:**

**“I am not my past. I am God's workmanship.”**

MADE  
**PSALM 139:13-14**



**THANK YOU FOR  
MAKING ME SO  
WONDERFULLY  
COMPLEX! YOUR  
WORKMANSHIP IS  
MARVELOUS—HOW  
WELL I KNOW IT.  
PSALMS 139:14 NLT**



**THANK YOU FOR**

**Point 2: Complexity Is Not a Curse — *It's a Calling*  
“Wonderfully Complex”**

**You are Layered, Intricate / Unique.**

- **Recovery Often Feels Messy**
- **Because Healing Isn't Linear**
- **But Complexity is Part of the Beauty**

**PSALMS 139:14 NLT**





**YOU ARE  
WONDERFULLY  
COMPLEXED**



## **Point 2: Complexity Is Not a Curse — *It's a Calling***

- God Doesn't Shy Away From Your...  
...Tangled Emotions, Questions, Setbacks.**
- He Designed You With Depth**
- And He's Not Intimidated By It.**

**COMPLEXITY**

## **Point 2: Complexity Is Not a Curse — *It's a Calling***

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...Tangled Emotions, Questions, Setbacks.**

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- **And He's Not Intimidated By It.**

**Application:**

**Don't Rush Your Healing.**

**Embrace the Process.**

**God Is Working In Every Layer**





## **Point 2: Complexity Is Not a Curse — It's a Calling**

### **Joseph (Genesis 37–50)**

- Betrayed by his brothers, sold into slavery, falsely accused, imprisoned — yet eventually elevated to save nations.





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**Gen 50:20:**

*“You Intended To Harm Me, But God Intended It For Good...”*

**Message:**

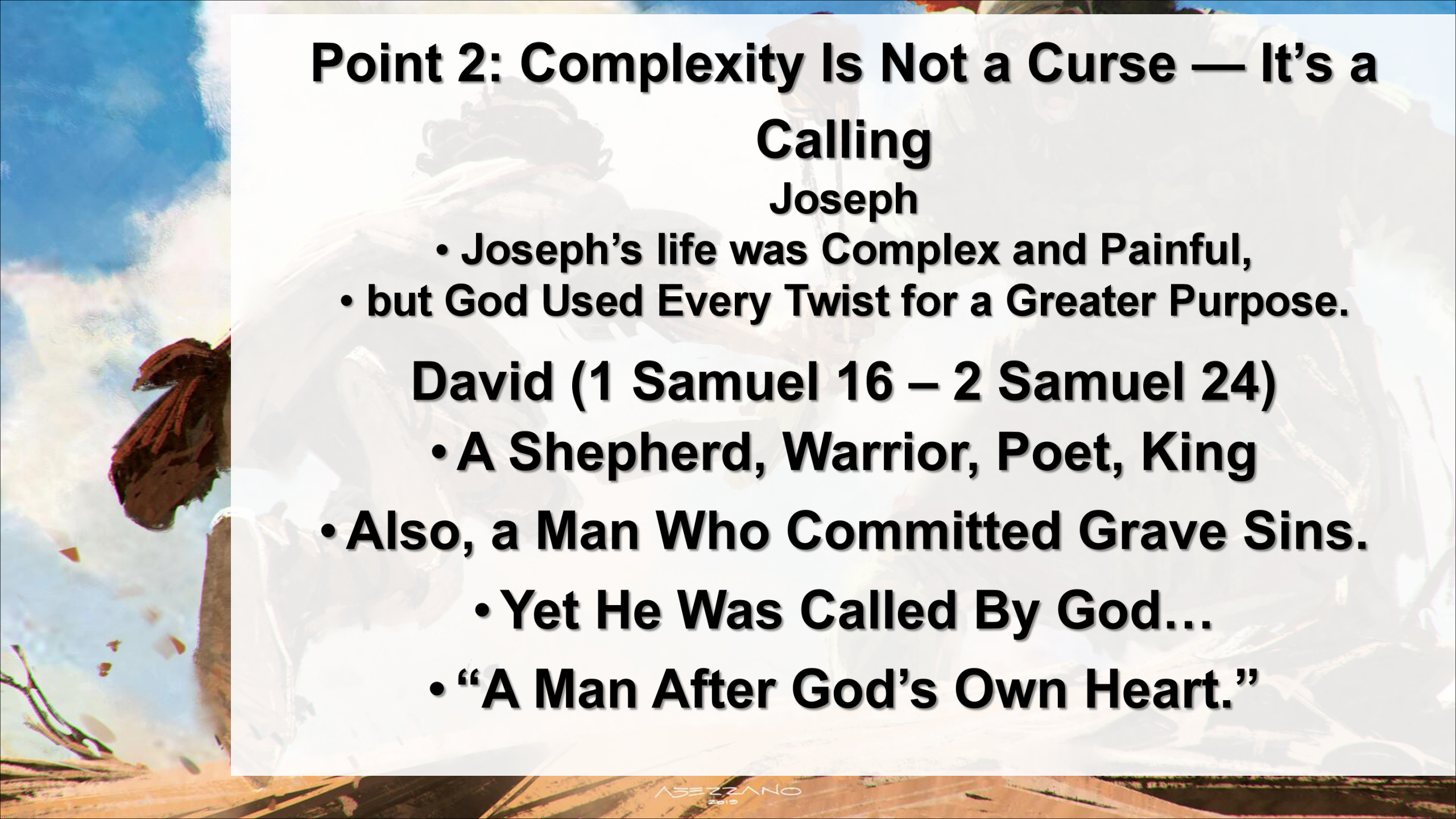
- **Joseph's Life Was Complex and Painful**
- **But God Used Every Twist for a Greater Purpose.**





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## **Point 2: Complexity Is Not a Curse — It's a Calling Joseph**

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- but God Used Every Twist for a Greater Purpose.

### **David (1 Samuel 16 – 2 Samuel 24)**

- A Shepherd, Warrior, Poet, King
- Also, a Man Who Committed Grave Sins.
- Yet He Was Called By God...
- “A Man After God's Own Heart.”





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### **Message:**

- Complexity Doesn't Cancel Calling.
- God Works Through Every Layer of Your Story.





Naaman The Leper



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### **David**

God works through every layer of your story.

### **Naaman (2 Kings 5)**

- **A Powerful Commander**
- **Plagued With Leprosy**
- **had to Humble Himself / Follow Strange Command Healing**

*Naaman The Leper*



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### **Message:**

- Healing often comes through unexpected, humbling paths. God honors obedience in the midst of complexity.









# **Mosaic Art**

- **Mosaics Are Made From Broken Pieces Of Glass Or Tile**
  - **Individually, They Seem Useless**
  - **But When Arranged By An Artist**
  - **They Form Breathtaking Images**



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### **Application:**

- **God is the Master Artist,**
- **Your Brokenness Is Part of His Masterpiece.**







# **Neuroscience & Recovery**

- **Studies Show that the Brain Can Rewire Itself —**
  - **A Process Called Neuroplasticity.**
- **Even After Trauma Or Addiction, Healing Is Possible.**
  - **You are Wonderfully Complex**
- **God Designed Your Mind with the Ability to...**  
**Recover and Renew.**

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**Isaiah 60:1 NLT**

**“Arise, Jerusalem! Let your light shine for all to see.  
For the glory of the LORD rises to shine on you.**