

**THEN JESUS SAID, "COME TO ME,
ALL OF YOU WHO ARE WEARY
AND CARRY HEAVY BURDENS,
AND I WILL GIVE YOU REST."**

- MATTHEW 11:28 NLT -



Edward Christian Church

A photograph of a church interior. In the foreground, an open Bible with a dark cover lies on a wooden pew. The Bible is open to a page with dense text, possibly a hymn or prayer book. The pews are made of dark wood and extend into the background, creating a sense of depth. The lighting is warm and soft, highlighting the texture of the wood and the pages of the Bible. The background is slightly blurred, showing more rows of pews and the general atmosphere of a church sanctuary.

3/22/2026

Edward Church

**MY
GRACE**

**is sufficient
for thee: for my strength
is made perfect in weakness.**

2 CORINTHIANS 12:9 KJV

Top-BibleVerses.com

2 Cor 12:9

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for thee: for my strength
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2 CORINTHIANS 12:9 KJV

2 Cor 12:9

**WHEN YOU'RE TIRED OF
BEING STRONG**

Paul is Writing from a Place of DEEP STRUGGLE

He is WOUNDED

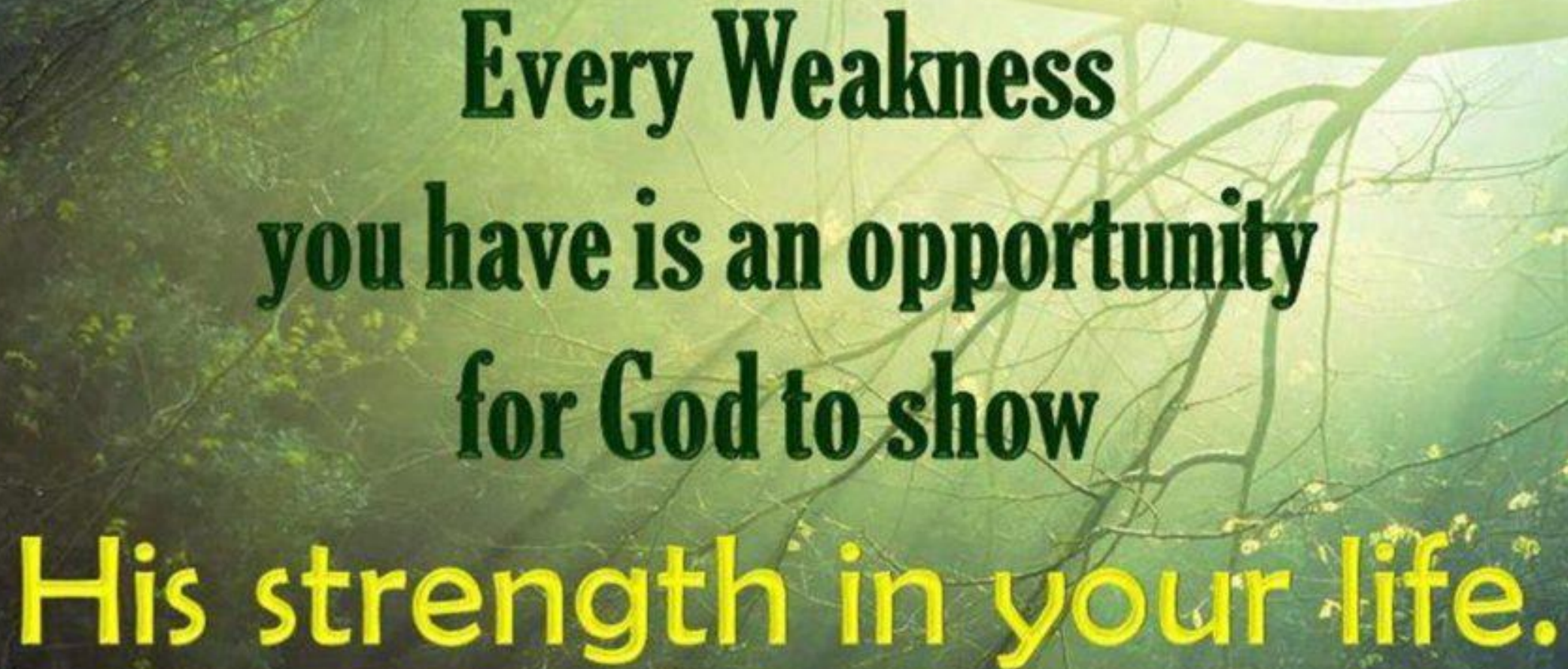
He is TIRED

He is OVERWHELMED

**He is CARRYING more than any Human Should
And he Prays for God to Remove the Burden**

But God Answers:

**“My Grace is Sufficient for You,
for My Power is Made Perfect in Weakness.”**



**Every Weakness
you have is an opportunity
for God to show
His strength in your life.**

My grace is sufficient for you, for my power is made perfect in weakness.

2 Corinthians 12:9

***God heals the wounds created by
chronic strength, emotional exhaustion,
and the pressure to hold everything together.
-we were not created to carry Chronic Strain***

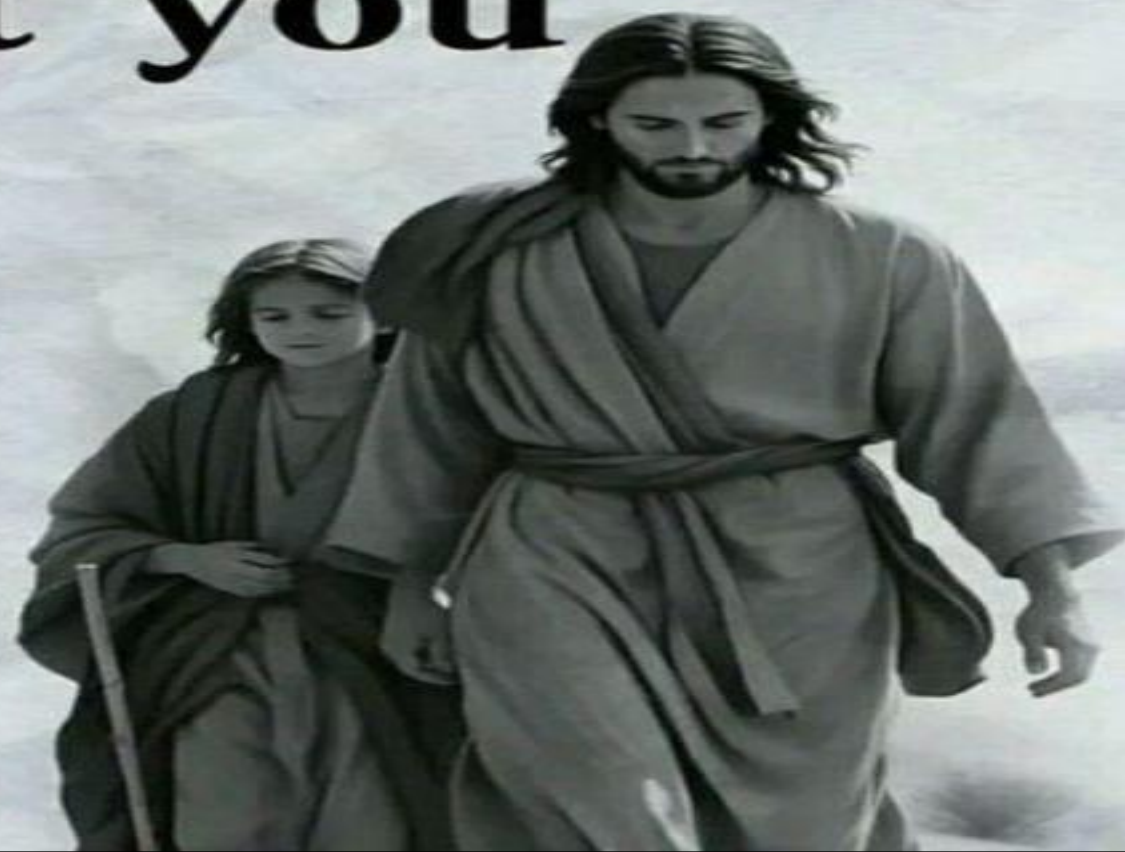
***God heals the wounds created by
chronic strength, emotional exhaustion,
and the pressure to hold everything together.
-we were not created to carry Chronic Strain***

News Flash

**You Were Never Designed To Carry
Everything**

God's Strength Begins Where Yours Ends

God I'm tired
but
I trust you



GOD IS NOT ASKING YOU TO BE STRONG

“My grace is sufficient...”

EXEGESIS

Grace — *charis*

Divine Strength, Help, Empowerment,
Enablement

Sufficient — GK

- Holds you up
- Fully adequate
- More than enough

God knows you're tired.
He knows you're trying.
Put him first. Trust Him.
He will make a way.

INSIGHT

**God never asked you to be
self- sufficient**

He asked you to be God- dependent

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He knows you're trying.

Put him first. Trust Him.

He will make a way.

INSIGHT

**God never asked you to be self- sufficient
He asked you to be God- dependent**

CHALLENGE

**Where have you been trying to be strong
instead of letting God be strong for you?**

Application Prayer:

“Lord, I receive Your strength”

**You're not
falling apart –
you're being
reshaped**



GOD'S POWER FLOWS BEST THROUGH WEAK PLACES

"My power is made perfect in weakness"

EXEGESIS

• Power – *dynamis*

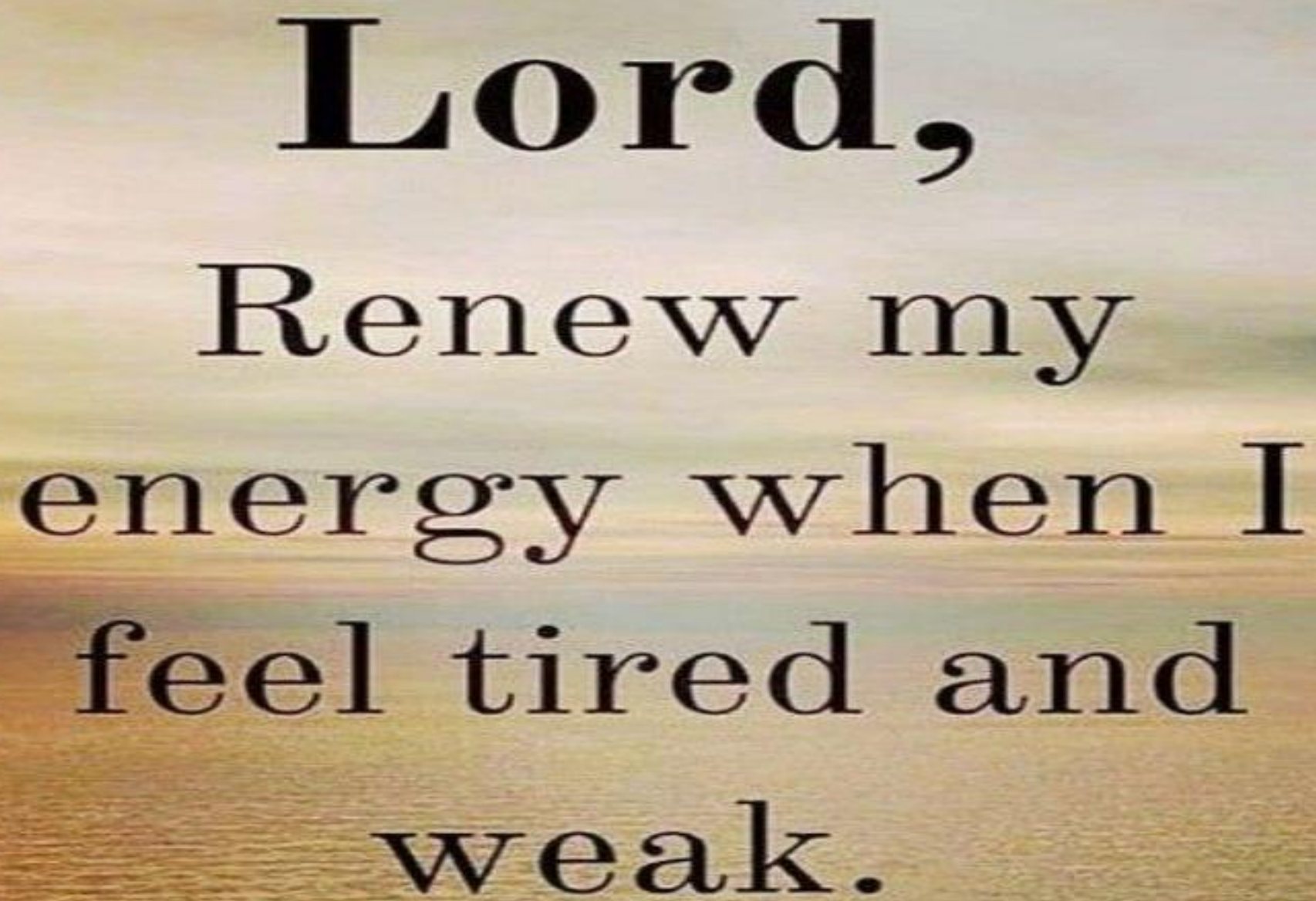
- *explosive strength, supernatural ability, divine force.*

• Made Perfect – *GK*

- *completed, fully expressed, brought to its highest effectiveness.*

• Weakness – *GK*

- *frailty, limitation, exhaustion, inability*



Lord,
Renew my
energy when I
feel tired and
weak.

Psalm 103:5

INSIGHT

- **Your Weakness is not a LIABILITY**
- **it is an ENTRY POINT for GOD'S POWER**

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CHALLENGE

Where have you been Hiding your Weakness instead of Letting God Use It?

APPLICATION Prayer

"Lord, use my weakness for Your glory"

**“ In the day when I
cried thou
answeredst me,
and strengthenedst
me with strength in
my soul ”**

— Psalm 138:3

YOU DON'T HAVE TO HOLD EVERYTHING
"When I am weak, then I am strong"

EXEGESIS

Weak =

unable, insufficient, overwhelmed.

Strong =

empowered, enabled, strengthened by God

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APPLICATION

Paul is not saying weakness becomes strength

"When I stop pretending to be strong

God becomes my strength"



GOD, I FEEL BROKEN

**God, I feel broken in
ways I can't
explain.**

**Please don't turn
away.**

**Hold the pieces I
can't put back
together.**

**Make something
beautiful from
what's left.**

Amen.



INSIGHT
You are NOT THE GLUE...
...Holding Your World Together

"GOD IS"

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ways I can't
explain.

Please don't turn
away.

Hold the pieces I
can't put back
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beautiful from
what's left.
Amen.



INSIGHT

**You are NOT THE GLUE...
...Holding Your World Together**


"GOD IS"

CHALLENGE

**What weight have you been carrying
that God never assigned to you?**

APPLICATION Prayer

**"Lord, I release what is not mine to
carry"**

A small green seedling with four leaves is growing out of a crack in the ground. The ground is dry and cracked, with a network of fissures extending across the foreground. The background shows a bright, hazy sky with soft, golden light, suggesting a sunrise or sunset. The overall scene conveys a sense of resilience and hope in a harsh environment.

There is surely a
FUTURE HOPE
for you, and your
HOPE
will not be cut off.

Proverbs 23:18
THEWORDFORTHEDAY

**GOD HEALS THE WOUNDS OF CONSTANT
RESPONSIBILITY**

“Cast your burden on the Lord...”- Psa 55:22

EXEGESIS

Cast – GK

to throw off, to hurl away, to release violently

Burden – GK

***the load assigned to you, the weight you carry
daily***

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***the load assigned to you, the weight you carry
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CHALLENGE

**God is not asking you to manage your burden...
He is asking you to throw it on Him**

Don't Quit.

While there's life,



there's **hope.**

- Marcus T.

INSIGHT

Healing begins when you STOP carrying
what God asked you to CAST

Quit.

ope.

- Marcus T.

INSIGHT

Healing begins when you STOP carrying what God asked you to CAST

CHALLENGE

What burden have you NORMALIZED that God wants to REMOVE?

LIFE Prayer:

"Lord, I cast this burden on You"

Quit.

ope.

- Marcus T.

The LORD is
close to the
brokenhearted
and saves
those who
are crushed
in spirit.

- Psalm 34:18 -



GOD IS MOVED BY YOUR SURRENDER, NOT YOUR STRENGTH

"The Lord is close to the brokenhearted."-Psa
34:18

"Close"=

near enough to touch, near enough to hold.

INSIGHT

Your tears do not repel God —**they attract Him**

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INSIGHT


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CHALLENGE

Where have you been performing strength because you're afraid to be vulnerable?

LIFE Prayer

"Lord, I surrender my strength."



**LORD,
RENEW
MY
ENERGY
WHEN I
FEEL TIRED
AND
WEAK.**

Psalm 103:5

**WHEN YOU'RE TIRED OF BEING
STRONG**

God says:

My Grace Is Enough.

My Strength Is Enough.

My Power Is Enough.

**WHEN I
FEEL TIRED
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Psalm 103:5

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STRONG**

God says:

My Grace Is Enough.

My Strength Is Enough.

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ALTAR PRAYER

Lord, I'm tired Of Being Strong

Be My Strength

Be My Rest

Be My Help

Psalm 103:5