

Edward Christian
Church

June 8,
2014

“B3”
Blessed are the
Meek

“Let Go of My Ego”

Teach ability
“The 3rd Step
To Happiness”

Vitamins are Beneficial

B Vitamins have been used for years for:

- **Energy**
- **Outlook**
- **Strength**

Jesus Gives us some B Vitamins for:

- **Energy**
- **Outlook**
- **Strength**

They are Called ...the Beatitudes

Blessed = Happy

Matthew 5:5 (KJV)

“Blessed are the meek: for they shall inherit the earth”

Blessed=

- **Happy**
- **Approved**

*“True Happiness comes from Knowing ...
...God Approves of Our Actions”*

Humility

1st Step to Happiness is Humility

Humility is realizing that

- you can't fix everything.
- you don't have all the answers.
- you need God in our life.

Humility is

- Putting God in Charge.
- becoming Totally Dependant on God
- Realizing that He has All the Answers
- *“Blessed are the poor in spirit: for theirs is the kingdom of heaven”*

Repentance

2nd Step to Happiness is Repentance

Repentance is realizing that...

...I have a problem in my life that:

- **I can't fix.**
- **God is not pleased with.**
- **It is hurting my relationship with Him**

Repentance is Weeping and Mourning...

...over the Sin in My Life

"Happy are those who mourn; God will comfort them!" Matthew 5:4 (GNB)

Beatitudes

The Beatitudes are not Eight ...

**...Separate Distinct Classifications of
Christians**

They are Eight Qualities every Christian...

...Should Display in their Lives

And as We are Discovering...

...They are Intimately Tying Together

What Meekness is Not!

Meek Does Not Mean :

- weak
- you never gets angry
- you are helpless

How do we know ?

Because the Lord said of himself, “*I am meek and lowly*” –yet:

- He was not weak
- He got angry (*clearing the temple*)
- He was not helpless.

What Meekness is!

Meek Does Mean :

- **Gentle -humble**
- **Bridling a horse, or taming a wild animal.**

Meekness = the process of teaching or training

It is not that the animal has become
“powerless” ...

...but that the power of the animal has
been brought

...under the control of the trainer.

Meekness =

- **Power under Control**
- **Teachability**

Teachability

3rd Step to Happiness is Teachability

Teachability is realizing that...

- **I Don't Know Everything**
- **I Am Always Learning**
- **God decides the How and When of my Lessons**

Take my yoke upon you, and learn of me; for I am meek and lowly in heart.” **Matthew 11:29 (KJV)**

Four Characteristics of an UN-Teachable Spirit

#1- Chronic Failure:

All of us have failed...but

**...Repetitive failure in All / Any Areas of your
life**

...You need to check your teach-ability.

#2- An Argumentative and Defensive Nature:

Do you care about what others have to say...

...Do you feel threatened by differing opinions?

...Quick to state your case

Four characteristics of an UN-Teachable Spirit

#1- Chronic Failure:

#2- An Argumentative and Defensive Nature:

**#3- Isolation/ Withdrawal In Times of
Difficulty:**

- **Getting help is not a sign of weakness...
...it is a sign of wisdom.**

“A man who isolates himself seeks his own judgment; he rages against all wise judgment. A fool has no delight in understanding, but in expressing his own heart.” –**Proverbs 18:1-2**

Characteristics of a Teachable Spirit

#1-A Spirit of Humility

- **Matt 11:29 (DRB)** *“Take up my yoke upon you,/ learn of me, because I am meek, and humble of heart: And you shall find rest to your souls.”*

“Don’t push your way to the front; don’t sweet-talk your way to the top. Put yourself aside, and help others get ahead. Don’t be obsessed with getting your own advantage. Forget yourselves long enough to lend a helping hand. Think of yourselves the way Christ Jesus thought of himself.” **Philippians 2:3-5 (MSG)**

#2-Repentive Spirit

- **Lord I’m sorry for all my “know it all moments”**
- **Psalms 34:18 (NIV)** *The LORD is close to the brokenhearted and saves those who are crushed in spirit.*

Characteristics of a Teachable Spirit

#3- A Hunger for Wisdom

- **James 1:5** *But if any of you lacks wisdom, let him ask of God, who gives to all men generously and without reproach, and it [wisdom] will be given to him.*

#4- Opened Eyes -Unclogged Ears -Closed Mouth

- **James 1:19 (AMP)**

Understand [this], my beloved brethren. Let every man be quick to hear [a ready listener], slow to speak, slow to take offense and to get angry.

- **An open mind and a closed mouth provide an atmosphere conducive for learning.**
- **“A Closed Mouth Gathers NO Foot”**

Characteristics of a Teachable Spirit

#5- A Positive Outlook

1 Pet 2:9 (AMP) *But you are a chosen race, a royal priesthood, a dedicated nation, [God's] own purchased, special people, that you may set forth the wonderful deeds /display the virtues and perfections of Him Who called you out of darkness into His marvelous light.*

#6- Submitting To Authority and Staying Accountable

- **Romans 14:12** - *So then every one of us shall give account of himself to God.*

#7- Desperation for God

- **Proverbs 3:5** *Trust in the LORD with all your heart, and do not lean on your own understanding*

Benefits of Teachability

Learn New:

- **Relief- I Don't Know it all**
- **Rest- I Don't Have to Depend on Self**
- **Realign- There can be another way**
 - **Its ok to back up and punt**
- **Restore- Things can Get better**

The logo for Beattitudes is an oval with a dark green border and a white interior. The word "Beattitudes" is written in a black, sans-serif font, with the "t"s stylized to include a crossbar.

**POOR
IN SPIRIT
BLESSSED ARE THE
THOSE WHO MOURN
THE MEEK
HUNGRY & THIRSTY
THE MERCIFUL
PURE
IN HEART
THE PEACEMAKERS
PERSECUTED
INSULTED**

BE BLESSED ARE THE MOURNERS, FOR THEY WILL BE COMFORTED. BLESSED ARE THE MEEK, FOR THEY WILL INHERIT THE EARTH. BLESSED ARE THE PURE IN HEART, FOR THEY WILL SEE GOD. BLESSED ARE THE PEACEMAKERS, FOR THEY WILL BE CALLED GOD'S CHILDREN. BLESSED ARE THE MOURNERS, FOR THEY WILL BE COMFORTED. BLESSED ARE THE MEEK, FOR THEY WILL INHERIT THE EARTH. BLESSED ARE THE PURE IN HEART, FOR THEY WILL SEE GOD. BLESSED ARE THE PEACEMAKERS, FOR THEY WILL BE CALLED GOD'S CHILDREN.

LET
IT
BE.