

**Would You Like Your Day to Be Brighter? Your World? Your Work? Your Life? We Have More Control of These Than Imagined. Maybe Not the Actual Situation But the Way We See Things and Respond. Instead of Listening to Every Random Voice Daily and Responding Accordingly, Try Listening to What God Says...Then Respond vs React!**

- Start the Day With God

**This is the day the Lord has made, and I will rejoice and be glad in it. God’s mercy and grace are new every morning in my life.**

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**I Rejoice -because I am God’s child. I have been filled with His Spirit. Greater is He that is in me than he that is in the world. The Holy Spirit is bigger than any problem, obstacle, or challenge. The Holy Spirit will give me wisdom and discernment regarding every decision I need to make today.**

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**When I Acknowledge -God through prayer and worship, my steps are ordered and directed of Him. The Lord gives me wisdom and insight concerning all the affairs of my life.**

**I Choose to...**

- **Be a Blessing -to all those around me. No matter what happens today, I know God will see me through. I can do all things through Christ who strengthens me, and if God is for me then no one can be against me.**
- 
- **Honor God -today by the words I speak; I will honor God by the way I act. I will honor God by allowing His love, light, and truth to shine through me.**
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- **Believe -I am the head and not the tail; I am above and not beneath. I am blessed coming in and blessed going out. I am ready for anything and equal to anything through Christ Jesus. He always causes me to triumph. No weapon formed against me shall prosper. I am strong in the Lord and the power of His might. Today is going to be a great day!**
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## Scriptures

- *This is the day which the Lord hath made; we will rejoice and be glad in it. Psalm 118:24*
- *It is of the Lord's mercies that we are not consumed, because his compassions fail not. They are new every morning: great is thy faithfulness. Lamentations 3:22,23*
- *You are of God, little children, and have overcome them, because He who is in you is greater than he who is in the world. I John 4:4*
- *The steps of a good man are ordered by the LORD, And He delights in his way. <sup>24</sup>Though he fall, he shall not be utterly cast down; For the LORD upholds him with His hand. Psalms 37:23-24*
- *In all thy ways acknowledge him, and he shall direct thy paths. Proverbs 3:6*
- *Do not be deceived, God is not mocked; for whatever a man sows, that he will also reap. Gal 6:7*
- *I can do all things through Christ which strengtheneth me. Philippians 4:13*
- *What shall we then say to these things? If God be for us, who can be against us? Romans 8:31*
- *Let the words of my mouth and the meditation of my heart Be acceptable in Your sight, O LORD, my strength and my Redeemer. Psalm 19:14*
- *And the LORD will make you the head and not the tail; you shall be above only, and not be beneath, if you heed the commandments of the LORD your God, which I command you today, and are careful to observe them. Deuteronomy 28:13*
- *Blessed shall you be when you come in, and blessed shall you be when you go out. Deuteronomy 28:6*
- *Now thanks be to God who always leads us in triumph in Christ, and through us diffuses the fragrance of His knowledge in every place. 2 Corinthians 2:14*
- *No weapon formed against you shall prosper, And every tongue which rises against you in judgment You shall condemn. This is the heritage of the servants of the LORD, And their righteousness is from Me," Says the LORD. Isaiah 54:17*
- *Finally, my brethren, be strong in the Lord and in the power of His might. Ephesians 6:10*

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- **The Greater One in Me**

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**Greater is He that is in me, than he that is in the world. The Holy Spirit in me is greater than Satan and all the forces of darkness.**

**God in Me is Greater Than...**

- **Sin, Sickness, And Disease.**
- **Any Lack, Want, And Need. (within / without)**
- **Any Circumstance I Might Face (around me)**
- **Any Obstacle That Comes Up Before Me.**

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**God in Me is Greater Than...**

- **Any Challenge that Comes into My Life.**
- **Any Adversity that Comes Against Me.**
- **My Own Doubts. Insecurities. or Uncertainties.**
- **Anything this Life Can Throw at Me.**

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**The Same Spirit that Raised Christ Jesus from the Dead Lives in Me**

- He quickens and makes alive my mortal body.

**It’s not my talent, my wisdom, or my strength but by His Spirit that I succeed in life. I am more than a conqueror through Jesus Christ. I can face the circumstances of life with boldness and confidence. He puts me over; He causes me to succeed.**

**The Greater One lives in me; I cannot fail!**

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### Scriptures

*Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world. 1 John 4:4*

*These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world. John 16:33*

*Nay, in all these things we are more than conquerors through him that loved us. Romans 8:37*

*But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you. Romans 8:11*

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- **Overcoming Worry**

**Jesus Said in His Word to... (Promise)**

- **Not Worry or Have Any Anxiety About Anything.**
- **Not Take Any Thought or Be Concerned About Any Circumstance in My Life.**
- **Cast My Care, Concern, and Worry On the Lord.**
- **Refuse to Worry or Be Fearful.**

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**Our Response Should Be... (Confession)**

- **I Put My Trust and Confidence In God.**
- **I Know God Will Take Care of Me, Because He Loves Me.**
- **I Thank God for His Presence and Peace In My Life.**
- **I Refuse to Let My Heart Be Troubled or Afraid, But I will Keep My Focus on Him**
- **I Trust He Will Never Leave Me or Forsake Me.**
- **I Realize That God’s Word Says the Afflictions of the Righteous Are Many But He Will Deliver Them Out of Them All.**
- **I Will Keep Looking to God/ Not Worry or Be in Fear About My Circumstances.**
- **I Will Be of Good Cheer in this World Even Though I Will Have Tribulation Because He Has Overcome the World/ Will Help Me to Do the Same.**
- **I Refuse to Worry About the Future or Be Anxious Concerning My Future Because It Is All in God’s Hands/ He Will Take Care of Me.**
- **I Thank God that All Things Work Together for Good to Those Who Love Him.**
- **I Recognize that I Can’t Do Anything to Change My Circumstances by Worrying, But Make Them Worse. What Satan Has Meant for Evil, God Will Turn for Good.**
- **I Have Victory In Jesus’ Name.**

**Scriptures**

- *Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. **Philippians 4:6***
  - *Casting all your care upon him; for he careth for you. **1 Peter 5:7***
  - *And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. **Philippians 4:7***
  - *These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world. **John 16:33***
  - *And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them. **Romans 8:28 NLT***
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○ **Peace**

**First, Peace is Not an Absence of Conflict, It is the Presence of God in the Conflict. Without this Presence Your Peace Will Be Empty In or Out of the Conflict. Choice- Be Overwhelmed by Conflict or Be Overwhelmed by His Peace.**

**Condition**

- **God Has Given Me His Peace, Not Peace that Comes from Worldly Sources, But a Supernatural, Divine Peace.**
- **God’s Peace is Spiritual Force that Passes All Natural Reasoning / Understanding.**

**Confession**

- **I Will Not Allow My Heart to Be Troubled, or Fearful, For I Have God’s Peace.**
  - **His Peace Keeps Me Cool, Calm, Collected No Matter What I Am Faced With.**
  - **God’s Peace Gives Me the Ability to Remain Level Headed and Resolute in the Face of Misfortune / Calamity**
  - **His Peace Is the Umpire of My Soul; It Garrisons /Mounts Guard Over My Mind**
  - **God’s Peace Keeps Me from Becoming Fretful /Anxious Over Life Situations.**
  - **He Helps Me to Remain Steady/ Unruffled When I Face Challenges/ Adversity.**
  - **God’s Peace Gives Me Confidence that He Is Working For Me, With Me, In Me to Fulfil His Plan /Purpose in My Life.**
  - **I Can Face the Uncertainty of the Future Without Apprehension /W- Complete Confidence, Knowing That God Will Work All Things Out for My Good.**
- **Isa 26:3 NLT**, *You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!*
  - **Isa 54:10 NLT**, *For the mountains may move and the hills disappear, but even then my faithful love for you will remain. My covenant of blessing will never be broken, “says the LORD, who has mercy on you.*
  - **John 14:27 NLT**, *I am leaving you with a gift— peace of mind and heart. And the peace I give is a gift the world cannot give. So don’t be troubled or afraid.*
  - **Phil 4:7 NLT**, *Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.*
  - **Romans 8:28 NLT**, *And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them.*
  - **Phil. 1:6 NLT**, *And I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns.*

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○ **Overcoming My Mouth**

**My Daily Morning Mouth Checklist**

- ✓ **God's Word says that by My Words I am Justified and by My Words I am Condemned. I put a Guard over My Mouth. I Choose to speak words of Life, Health /Healing. I Choose to speak words that are Only Gracious / Kind.**\_\_\_\_\_
- ✓ **I Will Not speak Evil of any Person. I will not Gossip or Spread Rumors. I Will Not speak words of Death, Destruction/ Discouragement. I will be Mindful to Speak words that Encourage, Uplift / Inspire others. I Refuse to Criticize, Condemn / Complain.**\_\_\_\_\_
- ✓ **I Refuse to Give In to the Temptation to speak Before I Think. I Refuse to speak the Wrong Words when I am Frustrated or Angry. I Choose not to be Sarcastic or Condescending in my Communication to others.**\_\_\_\_\_
- ✓ **I Put God's Word in my Mouth, / I Speak His Promises over My Life /the lives of Others during the day. I Am Sensitive to the Needs of Others. I am Quick to Speak words of Comfort, Peace, / Kindness to everyone I meet. My Words bring Hope, Faith, / Encouragement to All that Hear them.**\_\_\_\_\_
- ✓ \_\_\_\_\_

**Scriptures**

- *For by your words you will be justified, and by your words you will be condemned.* - Matt 12:37 NKJV
- **Every one of these careless words is going to come back to haunt you. There will be a time of Reckoning. Words are powerful; take them seriously. Words can be your salvation. Words can also be your damnation."** - Matt 12:37 (message)\_\_\_\_\_
- *Therefore, as the elect of God, holy and beloved, put on tender mercies, kindness, humility, meekness, longsuffering; 13bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you also must do. 14But above all these things put on love, which is the bond of perfection.* -Col 3:12-14 NKJV
- **So, chosen by God for this new life of love, dress in the wardrobe God picked out for you: compassion, kindness, humility, quiet strength, discipline. Be even-tempered, content with second place, quick to forgive an offense. Forgive as quickly and completely as the Master forgave you. And regardless of what else you put on, wear love. It's your basic, all-purpose garment. Never be without it.** - Col 3:12-14 (message)

\_\_\_\_\_ *Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers.* -Eph 4:29 NKJV

- **Watch the way you talk. Let nothing foul or dirty come out of your mouth. Say only what helps, each word a gift.** -Eph 4:29 (message)

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**oForgiveness**

**The Grace of God is Greater than Any Mistake I Make. The Grace of God is Greater than Any Sin I Commit. God Loves Me Unconditionally\_\_\_\_\_**

**No Matter How Many Times I Mess Up, No Matter How Many Mistakes I Make, He Forgives Me / Loves Me / His Love Is Reaching Out to Me  
Always\_\_\_\_\_**

**He Forgives / Forgets All My Sins; Therefore, I Forgive Myself / I Will Not Condemn Myself or Beat Myself Up. He Never Condemns Me, Shuts Me Out, Or Turns Himself from Me. As Soon as I Ask Forgiveness, He Is / Just / Forgives Me My Sins / Purifies Me from All Unrighteousness\_\_\_\_\_**

**God is Quick to Renew My Heart / Supports Me W- His Unfailing Love. I Will Not Let Guilt /Condemnation Weigh Heavy on My Spirit\_\_\_\_\_**

**The Lord Restores My Soul/ Renews My Heart. In Him, I Have Redemption Through His Blood, The Forgiveness of Sins. Jesus Took My Sin so that I Might Become Righteous. I Am Made Righteous/ Clean. I Am Accepted, Loved, / Appreciated by the Lord. My Heart Is Free from the Burden of Guilt / Shame. The Joy/ Peace of God Fill My Heart / Make Me New**

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**Scriptures**

**"If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness." 1 John 1:9**

**"Therefore, my brothers, I want you to know that through Jesus the forgiveness of sins is proclaimed to you." Acts 13:38**

**"In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace" Ephesians 1:7**

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...I Will Not Give Up

Even Though I May Be Surrounded by Oppressors,

- I am never smothered or crushed by them.
- I may suffer embarrassments and become perplexed, and it may seem that there is no way out, but I still will not be driven to despair.
- When I am pursued, persecuted, God will never desert me or make me stand alone.

Even Though I May Be Struck Down to the Ground,

- I will never be struck out or destroyed.
- No matter what difficulties may come my way, I will never, never, never quit!
- I will not faint in the time of adversity because God is with me, empowering me.

I Am Persistent and Undaunted in My Faith.

- I shall never quit and I will not yield. I will not bow my knee to my enemy.
- I am steadfast and unmovable.
- I am valiant and fearless, determined, and resolute in my faith.
- I am strong in the Lord and in the power of His might.
- No weapon formed against me shall prosper.
- I will not lose heart; I will not weaken or cave in for Victory is mine.

### Scriptures

*Thou shalt make thy way prosperous, and then thou shalt have good success. Have not I commanded thee? Be strong and of a good courage. Joshua 1:8,9*

*Therefore, my beloved brethren, be ye stedfast, unmoveable, always abounding in the work of the Lord, forasmuch as ye know that your labour is not in vain in the Lord. I Cor 15:58*

*Finally, my brethren, be strong in the Lord, and in the power of his might. Eph 6:10*

*No weapon that is formed against thee shall prosper; and every tongue that shall rise against thee in judgment thou shalt condemn ... Isa 54:17*

*[The Lord said] I will never leave thee, nor forsake thee. Hebrews 13:5*

*We are hedged in (pressed) on every side [troubled and oppressed in every way], but not cramped or crushed; we suffer embarrassments and are perplexed and unable to find a way out, but not driven to despair; We are pursued (persecuted and hard driven), but not deserted [to stand alone]; we are struck down to the ground, but never struck out and destroyed; Always carrying about in the body the liability and exposure to the same putting to death that the Lord Jesus suffered, so that the [resurrection] life of Jesus also may be shown forth by and in our bodies. 2 Corinthians 4:8-10 AMP*

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...Supernatural Strength

- ✓ **I Am Strong in the Lord and in the Power of His Might. The Joy of the Lord is my Strength, / His Strength Sustains me.**
  - **I am Full of Energy; I am Vibrant / Full of Life / Vitality.**
- ✓ **God in Me Is Stronger Than Any Weakness in My Flesh.**
  - **It Doesn’t Matter How I Feel Because I Am Not Moved by Feelings.**
- ✓ **I Will Speak Supernatural Strength, Energy, / Vitality to My Body.**
  - **I Refuse to Allow Weakness, Tiredness, / Weariness to Control My Body.**
- ✓ **I Can Do All Things Through Christ Who Strengthens Me.**
  - **I Have God’s Energy / Strength.**
- ✓ **Greater Is He that Is in Me Than He that Is in The World.**
  - **I Am Undaunted in My Faith; I Am Strong in the Lord. I Am Courageous / Fearless.**

**His Strength Rises Up in Me; He Helps Me Rise Above My Feelings.**

- **I Am Strong in My Spirit, in My Mind, / in My Body.**
- **My Strength Is Renewed Like the Eagle’s.**
- **God Increases My Strength; Therefore, I Am Not Weary.**

**Scriptures**

*The joy of the Lord is your strength. Neh 8:10*

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*I can do **all things** through Christ which **strengtheneth** me. Phil 4:13*

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*Greater is he that is **in** you, than **he** that is in the world. 1 John 4:4*

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*Bless the Lord...who **satisfieth** thy **mouth** with **good things**; so that thy youth is renewed like the eagle’s. Psa 103:1*

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*He gives **power** to the **weak**, /to those who have **no might** He **increases** strength. Psa 103:5*

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## ...Getting It Together

How God Raises Us to a New Level- Psalm 103: 1– 5 The Benefits of Trusting the Lord Listed in this Text Correspond to the Stages God Uses in Building Someone into a Healthy, Spiritual Person. The Psalmist Lists the Benefits In this Order:

1. God Pardons (3)— We Must Put Our Past Shame or Blame Behind Us.

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2. God Heals (3)— We Must Become Healthy and Be Liberated from Old Wounds.

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3. God Redeems (4)— We Can See Our Abilities and Personality Redeemed.

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4. God Crowns (4)— We Are Crowned with Gifts and a Place to Serve.

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5. God Satisfies (5)— We Feel Satisfied and Fulfilled as We Live Out Our Purpose.

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### We Must

- Remember Where We Came from and Who is Our Source
- Maintain A Vision of the Big Picture
- Stick with The Right Priorities

### Priority Questions

1. Self-Confident or Confident in God? (Ps. 56: 9; 118: 6)

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2. Know Men or Know God? (John 10: 14)

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3. Make Own Decisions or Seek to Find God’s Will? (Rom. 12: 2; Eph. 5: 17)

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4. Independent or God-Dependent? (Is. 42: 1; John 15: 5)

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**Psalm 103 Praise for the LORD's Mercies a Psalm of David.**

**1Bless the LORD, O my soul; And all that is within me, bless His holy name!**

**2Bless the LORD, O my soul, and forget not all His benefits:**

**3Who forgives all your iniquities, Who heals all your diseases,**

**4Who redeems your life from destruction, Who crowns you with lovingkindness and tender mercies,**

**5Who satisfies your mouth with good things, So that your youth is renewed like the eagle's.**